



Year 2019
Vol. I, Issue II

ISA



THE ISAIAN

Indian Society of Anaesthesiologists E-Newsletter

An Official Publication of ISA

ISA National Secretariat

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President's Message



Dr S Bala Bhaskar

The second E Newsletter of ISA for the year 2019, timed for release with the ISACON 2019 Bengaluru, is more informative and reflective of the major activities of ISA in the second half of the year, when majority of the activities of all the branches are held. Even otherwise, there have been progressive increases in the number of activities overall of all the branches of ISA, and the credit goes to the office bearers and members of different branches in India.

One major event that all anaesthesiologists celebrate each year with much interest and pomp is the World Anaesthesia Day on October 16th. The ISA National encourages and promotes Public Awareness about anaesthesia to the general masses by the branches. One activity that is especially undertaken is teaching of resuscitation techniques to the laypersons. Majority of branches this year joined hands during the World Restart a Heart Day (WRAH) to impart training in COLS of Indian Resuscitation Council (IRC) of ISA to over 5,00,000 laypersons and paramedics. There have been many state conferences and CMEs in all zones along with the ISA sponsored PG Assemblies and CMEs. Multiple webinars were also arranged by ISA and were greatly applauded by members. The ISA supported Professional Indemnity Insurance has been very popular as it caters to our specific needs; this is in addition to the Social support available with FBF.

ISA confers numerous awards to branches and members who have contributed to the growth and development of the Society, during the ISACON. ISA also has many academic awards for trainees and life members, which are distributed during the ISACON, with at least 5 new Award sessions introduced this year. The ISA is also in the process of having its own Registered office in Chennai. We will also have our own Clinical Practice Guidelines within next 12 months. I acknowledge and appreciate the dynamic Secretary and the Secretariat that has been working overtime. All these herald the next level of activities of ISA; the current G C is ready for this and are you, as the esteemed member, ready to be part of this noble endeavour!

Long Live ISA!

Dr Bala Bhaskar S
President, ISA National



Secretary's Message



Dr Naveen Malhotra

Dear ISAians,

Greetings from ISA National Head Quarters!

I, on completion of first year as Your Secretary ISA, thank you all for believing in me and our vision for ISA. We had a fruitful year and I take this as an opportunity to share some of our achievements so far and our plans for the upcoming year.

This year we witnessed a record membership drive- we welcomed more members into our ISA family than ever before. We not only remained accessible in our office from 8:30 AM to 8:30 PM but also on e-mail, what's app and electronic and social media 24 x7! The process of registration for ISA Life Membership has been simplified to make it easier for everyone. We shortly will have offline and online mode for the membership form and plan to have a payment gateway on the website itself soon to streamline the things further. The process for subscription of Indian Journal of Anaesthesia will also be simplified, We plan to introduce two new Zonal Journals and one Online Journals to motivate researchers and practitioners to promptly share clinical case series.

This year also saw multiple academic events like PG Assemblies and CMEs held under the banner of ISA. More than 10 new programmes like YUVA ISA, ISA Fit Anaesthesiologist Campaign, ISA Cultural Club etc. have been started and efforts are on to establish them at city and state level as well. ISA Professional Indemnity Insurance Scheme has become a popular programme with the members with more than 1500 new subscriptions in the past year. Training of trainers courses were held at various places to ensure that there is a life saver in each home. The CPR program will help anaesthesiologists prosper academically, clinically, socially and financially.

We also plan to shorten the ISA National Election process from four months to six weeks and also fix the tenure of ISA State and City Office Bearers to ensure that fresh charge is resumed on 16th October every year. To keep pace with the technology, a new ISA app with inbuilt software to help record clinical data and critical incidents shall be introduced very shortly. We are releasing new ISA T-Shirt and Neck Tie consistent with the colour of our ISA Logo during 67th ISACON 2019 to wear our pride on our sleeve.

ISA is of you, for you and by you.

Jai ISAian !

Long Live ISA!

Jai Hind !

Dr Naveen Malhotra
Hon. Secretary, ISA National



Star of Month



Dr Parna Nayan Thakkar

A WISE INVESTMENT

When I started my private practice in 1997, I was one of the first few Anaesthesiologists of my area to have invested in a pulse oximeter right from day one. It made me feel very safe.

Then came the era of Laparoscopic surgeries. Lot of Nursing Homes were doing these surgeries but without EtCO₂ monitor. I invested in a five parameter monitor with EtCO₂. It was difficult to carry this 5.5 kg monitor along with my Anaesthesia kit but I kept a staff to help me with this.

Whenever I encountered a difficult intubation or an obese patient, I could not help but think about the difficulty of managing the said patient in a private nursing home at an odd hour...

Many years ago, when I was doing an emergency open appendicectomy under spinal anaesthesia in an obese patient, surgical time exceeded the spinal time. It was a real nightmare to intubate and give GA to this obese patient with absolutely no one to help the Anaesthesiologist in the middle of the night!

Few years down the line, I started doing Bariatric surgery patients and I got used to this beautiful instrument called "Video Laryngoscope". With obesity on rise, we have now started getting obese and difficult intubations even for routine surgeries. I desperately wanted to buy a video laryngoscope that too Storz, as I was already used to it. Cost was the biggest hurdle. I tried many video laryngoscopes of different make but my eyes were set on C-MAC.....

One fine day, I just decided to go for it when they came up with a small screen that can be fitted on laryngoscope handle. It was a huge investment with doubtful/ no returns but offered a great deal of comfort and safety. Now a days, we also have a wide range of video laryngoscopes available to fit into our budget. As days passed and as I started using it more frequently, I got convinced that it was worth the investment. I personally feel, its good to invest in different equipments for our comfort, mental peace and safety, like most of the surgeons do..

Having bought this equipment, I no longer fear difficult intubations. It has helped me tremendously in un-anticipated difficult intubations. I never set out for a case without this equipment. In hindsight, it's one of the best investments I have made!

Dr. Parna Nayan Thakkar
Thane, Maharashtra



Star of Month



Dr Sunita Lawange

PROUD TO BE AN ANAESTHESIOLOGIST !

While travelling to Chennai from Nagpur, I was just relaxing, when there was an announcement by airhostess- any doctor in the flight please come, it is an emergency "I pressed the emergency button but by then I saw one doctor instantly getting up and attending the person, hence withheld myself.

After 2-3 minutes I couldn't sit patiently hence got up and went to find out what happened exactly and if any help required. As soon as the two docs saw me (Urologist Dr Kattakwarand and Ophthalmologist Dr Ranade), they exclaimed- Great She is Anaesthesiologist and she is the best person to handle such situations.

I saw a young girl of about 25 yrs who had collapsed, lying flat on the chairs. Girl was sweating, not responding to oral commands, pulse- couldn't be palpated, respiration: not good. My mode of action: Oxygen through mask started, secured IV line, gave 0.6 mg atropine, pulse ++, though very feeble, BP:40 mmHg systolic blood pressure. Started fast iv fluids -100 ml NS was only available. After infusing 300 ml, BP came around 70 mm Hg, started responding to commands. I requested Airhostess to arrange for ambulance on landing. On landing she was much better though looked drained out and was shifted to hospital instantly.

I was asked to fill a form. Pilot and the whole crew and passengers literally clapped with a salute: lovely gesture to say thank you.

Dr. Sunita Lawange
Nagpur, Maharashtra



Team ISA



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Vice-President



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Benevolent Fund (Ex Officio)



Dr. Vijayanand S
Org. Secretary
ISACON 2019 (Ex Officio)



COLS TRAINING PAN INDIA





**ISA Bareilly City Branch Meeting
(31 May 2019)**



**World Environment Week ISA NHQ, Rohtak
(5-12 June, 2019)**



**ISA Delhi Monthly Meeting
(28 June, 2019)**



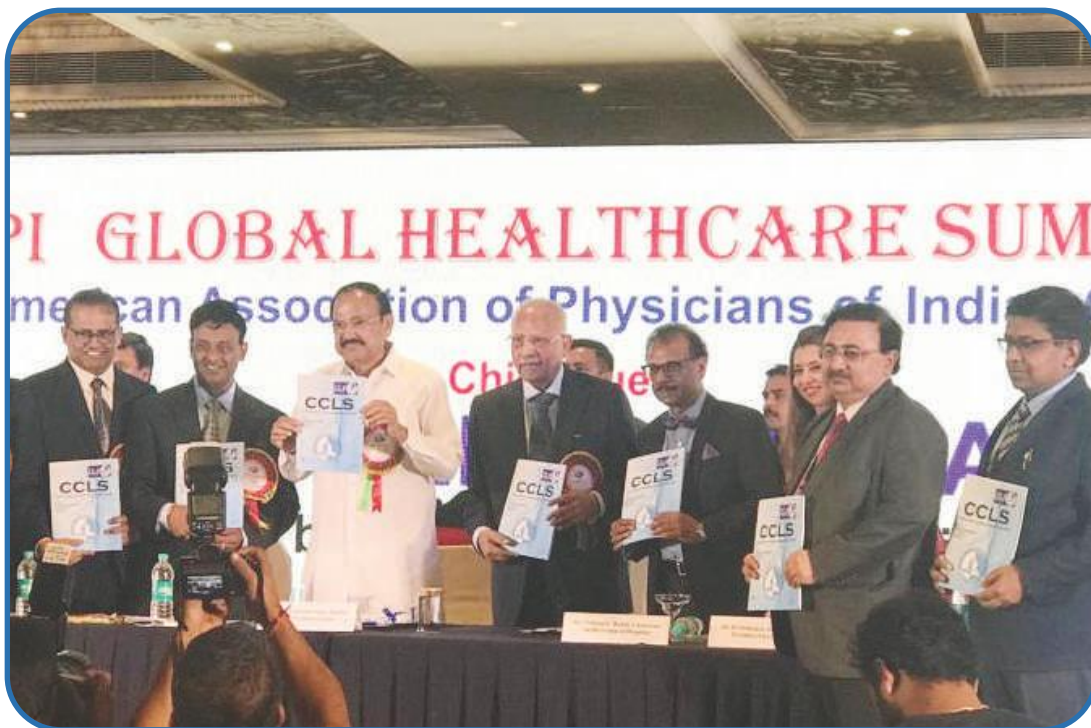
**ISA IRC TOT Course, Mangalore
(29 June, 2019)**



**ISA Sponsored CME, Kasaragod
(30 June, 2019)**



**Felicitations of ISA by AMC, Mumbai
(30 June, 2019)**



**Release of ISA IRC CCLS Manual by Hon'ble Vice President, India
Hyderabad (22 July, 2019)**



**ISACON TAMIL NADU, Chennai
(26-28 July, 2019)**



**ISA IRC TOT Program, Rohtak
(31 July, 2019)**



**Central Zone ISACON, Raipur
(31 August - 1 September, 2019)**



**ISACON SOUTH ZONE AND ISACON TELANGANA, Hyderabad
(9-11 August, 2019)**



**The ISA GOVERNING COUNCIL MEETING, Bengaluru
(16 August, 2019)**



**ISA Sponsored CME, Hosapete
(18 August, 2019)**



**ISA SPONSORED CME, Nagpur
(8 September, 2019)**



**International Patient Safety Conference, Hyderabad
(13 September, 2019)**



**ISACON MADHYA PRADESH, INDORE
(14-15 September, 2019)**



**ISACON MAHARASHTRA, Solapur
(20-22 September 2019)**



**ISA CLINICAL CULTURAL CLUB, ISACON MAHARASHTRA, Solapur
(September 2019)**



ISACON UTTAR PRADESH, MORADABAD
(28-29 September, 2019)



ISACON PUNJAB, JALANDHAR
(28-29 September, 2019)



**Inauguration of ISA Shimla City Branch
(6 October, 2019)**



**COLS on World Restart a Heart Day
(16 October, 2019)**



**ISA Gurgaon City Branch Meeting and Installation of New Office Bearers
(16 October, 2019)**



**ISACON EAST ZONE AND ISACON ODISHA, Bhubaneswar
(18-20 October, 2019)**



**ISACON KERALA, Thrissur
(18-20 October, 2019)**



**ISACON ANDHRA PRADESH, Amlapuram
(18-20 October, 2019)**



**Diwali Pujan at ISA National Head Quarters
(27 October, 2019)**



COLS PROGRAM at ISA NATIONAL HEAD QUARTERS



ISACON HARYANA, Karnal
(10 November, 2019)



ISA Navsari City Branch Inauguration
(17 November, 2019)



Handing ISA NATIONAL FLAG to
67th ISACON 2019, Bengaluru Organising Committee



TEAM ISA 2019



**ISA Aligarh City Branch Inauguration
(30 August, 2019)**



**ISA CULTURAL CLUB
Performances by Anaesthesiologists**



Chinese Society of Anaesthesiologists Conference, Hangzhou
with President CSA (3 November, 2019)



ILCOR & IRC MEETING, South Africa
(2-3 November, 2019)



INDIAN SOCIETY OF ANAESTHESIOLOGISTS

(Founder Member of the World Federation of Societies of Anaesthesiologists)
REGD. NO. 8/1999 CHENNAI, PAN AAAT13385A, 80G DIT(E)NO2(372)/98-99 DATED : 05.06.2000

Rohtak
28.10.2019

AGBM NOTICE

The Annual General Body Meeting of the Indian Society of Anaesthesiologists will be held on Thursday, 28th November 2019 at 2:00 PM in the Main Hall of 67th ISACON 2019, Gayathri Vihar, Palace Grounds, Bellary Road, Bengaluru, Karnataka.

All the Members of ISA are requested to attend the AGBM at their own cost.

You can contact Dr. Vijayanand S., Organizing Secretary 67th ISACON 2019 (M: 9341231411, E-mail: orgsec@isacon2019bengaluru.com) for any assistance at your own cost.

The Agenda will be circulated among members by e-mail / posted on ISA website (www.isaweb.in). Resolution, if any, may be sent to Hon. Secretary latest by 06.11.2019.

Dr. Naveen Malhotra
Honorary Secretary ISA National



ISA National Secretariat

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www.isaweb.in



ISA ONLINE ELECTIONS 2019 RESULTS

Post: President Elect ISA	
Contestant	
DR. VENKATAGIRI KM (V0304)	
Result	Elected
DR. VENKATAGIRI KM (V0304)	

Post: Vice President ISA	
Total Votes Polled	10480
Contestant	Votes Secured
DR. SURESH KUMAR BHARGAVA (B0460)	7841
DR. C RADHA KISHEN RAO (R0433)	2639
Result	Elected
DR. SURESH KUMAR BHARGAVA (B0460)	

Post: Editor-In-Chief IJA	
Total Votes Polled	10480
Contestant	Votes Secured
DR. LALIT MEHDIRATTA (M0789)	5339
DR. MADHUSUDAN UPADYA (M0855)	5141
Result	Elected
DR. LALIT MEHDIRATTA (M0789)	



Post: GC Member ISA (All India)	
Total Votes Polled	10480
Contestant	Votes Secured
DR. RAJIV GUPTA (G0388)	5977
DR. HITENDRA CHANDRAKANT MAHAJAN (H0192)	4503
Result	
DR. RAJIV GUPTA (G0388)	Elected
Post: GC Member ISA (South Zone)	
Total Votes Polled	4213
Contestant	Votes Secured
DR. CHINTALA KISHAN (C0426)	2139
DR. RAVI. R (R0870)	2074
Result	
DR. CHINTALA KISHAN (C0426)	Elected
Post: GC Member ISA (West Zone)	
Total Votes Polled	3049
Contestant	Votes Secured
DR. ASHOK VASANTA RAO DESHPANDE (D0471)	1577
DR. PANKAJ RAMKRISHNA GUPTA (G0679)	1472
Result	
DR. ASHOK VASANTA RAO DESHPANDE (D0471)	Elected

Dr. V. Kuchela Babu
Chief Election Officer ISA National

Dr. Naveen Malhotra
Hon. Secretary ISA National

Date: 05-11-2019



ISA ONLINE ELECTIONS 2019 RESULTS (2)

Post: GC Member ISA (Central Zone)	
Contestant	
DR. BHARAT BHUSHAN BHARDWAJ (B0890)	
Result	Elected
DR. BHARAT BHUSHAN BHARDWAJ (B0890)	
Post: GC Member ISA (North East Zone)	
Contestant	
DR. SURAJIT GIRI (G0833)	
Result	Elected
DR. SURAJIT GIRI (G0833)	

Dr. V. Kuchela Babu
Chief Election Officer ISA National

Dr. Naveen Malhotra
Hon. Secretary ISA National

Date: 05-11-2019

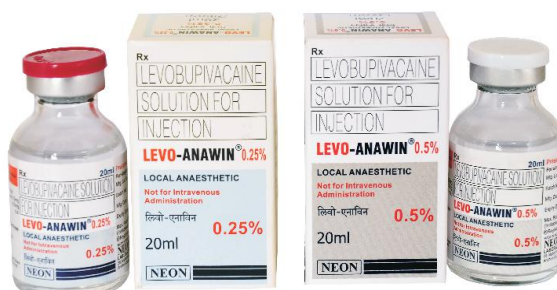
NEON

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Preservative not added

Levobupivacaine HCl

Similar... yet **Safer**



Also Available as

LEVO-ANAWIN[®] 0.5% - 4 ml & 10 ml Amp.

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Chloroprocaine HCl

Crafted for quick recovery

Available as
50 mg in
5 ml Ampoule

