



Eternal Vigilance

# ISA

Indian Society of  
Anaesthesiologists

Year 2020

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## THE ISAIAN

Indian Society of Anaesthesiologists E-Newsletter

An Official Publication of ISA

ISA National Head Quarters

'Naveen Niketan', 128/19, Doctor's Lane, Near Civil Hospital, Rohtak - 124001 (Haryana)

E-mail : [secretaryisanhq@gmail.com](mailto:secretaryisanhq@gmail.com), [isanhq@gmail.com](mailto:isanhq@gmail.com) Mob. : 9812091051, 9091515151



## Team ISA



**Dr. Muralidhar Joshi**  
President



**Dr. Suresh Kumar Bhargava**  
Vice-President



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President Elect



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Honorary Secretary



**Dr. Virendra Sharma**  
Treasurer



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Editor-in-Chief



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Immediate Past President



**Dr. J. V. Divatia**  
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GC Member



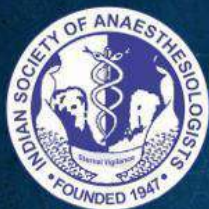
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GC Member



**Dr. Ashok Vasanta Rao Deshpande**  
GC Member



**Dr. Chintala Kishan**  
GC Member



President, Secretary and Members of ISA Governing Council

## Extend Greetings on National Doctor's Day 2020



Dr. Muralidhar Joshi  
President ISA



Dr. Suresh Kumar Bhargava  
Vice President ISA



Art By - Dr. G. Sharada



Dr. Naveen Malhotra  
Secretary ISA



Dr. Virendra Sharma  
Treasurer ISA



Dr. Lalit Mehdiratta  
Editor-in-Chief IJA

Ships are safe in the harbour,  
but that's not what ships are meant for !  
Anaesthesiologist, don't be afraid in this hour,  
This day is what you have always been trained for !

- Dr. Kamna Kakkar

### ISA National Secretariat

'Naveen Niketan', 128/19, Doctors Lane, Civil Hospital Road, Rohtak-124001, Haryana

Website : [www.isaweb.in](http://www.isaweb.in) Mob : 9812091051 | E-mail : [drnaveenmalhotra@yahoo.co.in](mailto:drnaveenmalhotra@yahoo.co.in), [secretaryisanhq@gmail.com](mailto:secretaryisanhq@gmail.com)

(1 July 2020)



## INDIAN SOCIETY OF ANAESTHESIOLOGISTS & INDIAN MEDICAL ASSOCIATION

### ISA ONLINE MECHANICAL VENTILATION MODULE (BASIC)

#### Orientation Course for Clinical Specialists & Refresher Course for Anaesthesiologists

**Inauguration By**  
**Dr. Rajan Sharma** President IMA National  
**Dr. Muralidhar Joshi** President ISA National

**Moderator**  
**Dr. Naveen Malhotra**  
Honorary Secretary ISA National

**Date:** 1<sup>st</sup> July 2020 (Wednesday)  
**Time:** 2:00 - 2:30 PM  
**First Online Course at:**  
General Hospital, Yamunanagar, Haryana  
2:30 PM - 4:30 PM

**Module Conveners**  
**Dr. S. Bala Bhaskar**  
Chairman, ISA Academic Committee  
**Dr. Muralidhar Joshi**  
President ISA National  
**Dr. Suresh Kumar Bhargava**  
Vice President ISA National  
**Dr. Naveen Malhotra**  
Honorary Secretary ISA National  
**Dr. J.V.Divatia**  
Past Editor-in-Chief IJA  
**Dr. Sukhminder Jit Singh Bajwa**  
Governing Council Member ISA National

#### Inauguration Ceremony

| Topic                      | Speaker                                                                                             | Time (PM)      |
|----------------------------|-----------------------------------------------------------------------------------------------------|----------------|
| Introduction of the Module | <b>Dr. Naveen Malhotra</b><br>Honorary Secretary ISA National                                       | 2:00 - 2:03 PM |
| Inauguration of Module     | <b>Dr. Rajan Sharma &amp; Dr. Muralidhar Joshi</b><br>President IMA National President ISA National | 2:03 - 2:05 PM |
| Address                    | <b>Dr. Rajan Sharma</b><br>President IMA National                                                   | 2:05 - 2:10 PM |
| Address                    | <b>Dr. Muralidhar Joshi</b><br>President ISA National                                               | 2:10 - 2:15 PM |
| Address                    | <b>Dr. Suresh Kumar Bhargava</b><br>Vice President ISA National                                     | 2:15 - 2:18 PM |
| Address                    | <b>Dr. S. Bala Bhaskar</b><br>Past President ISA National                                           | 2:18 - 2:20 PM |
| Address                    | <b>Dr. J.V.Divatia</b><br>Past Editor-in-Chief IJA                                                  | 2:20 - 2:22 PM |
| Address                    | <b>Dr. Sukhminder Jit Singh Bajwa</b><br>Governing Council Member ISA National                      | 2:22 - 2:24 PM |
| Address                    | <b>Dr. Prabhakar Sharma</b><br>President IMA Haryana                                                | 2:24 - 2:26 PM |
| Address                    | <b>Dr. Sunil Sethi</b><br>President ISA Haryana                                                     | 2:26 - 2:28 PM |
| Address                    | <b>Dr. Vijay Dahiya</b><br>Civil Surgeon, Yamunanagar, Haryana                                      | 2:28 - 2:30 PM |

**Link:** <https://us02web.zoom.us/j/84897714640>

## INAUGURATION ISA Online Mechanical Ventilation Module (Basic) (1 July 2020)



## INDIAN SOCIETY OF ANAESTHESIOLOGISTS & INDIAN MEDICAL ASSOCIATION HARYANA STATE BRANCH

### ISA ONLINE MECHANICAL VENTILATION MODULE (BASIC)

#### Orientation Course for Clinical Specialists & Refresher Course for Anaesthesiologists

##### Course Advisors

**Dr. B. Chhabra**  
Chief Advisor ISA Haryana  
**Dr. S. Hooda**  
Advisor ISA Haryana  
**Dr. Savita Saini**  
Patron ISA Haryana  
**Dr. Yatin Mehta**  
Patron ISA Haryana  
**Dr. Sukhbir Singh**  
Patron ISA Haryana

Date: 1<sup>st</sup> July 2020 (Wednesday)

Time: 2:30 - 4:00 PM

First Online Course at:

General Hospital, Yamunanagar, Haryana

##### Course Conveners

**Dr. Naveen Malhotra**  
Honorary Secretary ISA National  
**Dr. Sunil Sethi**  
President ISA Haryana  
**Dr. Prabhakar Sharma**  
President IMA Haryana  
& Past President ISA Haryana  
**Dr. Yashveer Arya**  
Secretary ISA Haryana

##### Course Moderator

**Dr. Anoop Goel**  
EC Member ISA Haryana  
(Yamunanagar)

#### Online Course

| Topic                                                   | Speaker                                                 | Time (PM)      |
|---------------------------------------------------------|---------------------------------------------------------|----------------|
| Oxygen Therapy                                          | <b>Dr. Sangeeta Khanna</b><br>Medanta Hospital, Gurgaon | 2:30 - 2:45 PM |
| Basics of Mechanical Ventilation                        | <b>Dr. Sunil Sethi</b><br>Karnal                        | 2:45 - 3:00 PM |
| Basic Modes                                             | <b>Dr. Nirupma Bansal</b><br>Faridabad                  | 3:00 - 3:15 PM |
| Ventilatory Strategies in ARDS                          | <b>Dr. Yashveer Arya</b><br>Hisar                       | 3:15 - 3:30 PM |
| Supportive Therapy For Mechanically Ventilated Patients | <b>Dr. D. K. Shrivastava</b><br>Sonapat                 | 3:30 - 3:45 PM |
| Live Interaction                                        | All faculty                                             | 3:45 - 4:30 PM |

Link: <https://us02web.zoom.us/j/84897714640>

### ONLINE COURSE

#### ISA Online Mechanical Ventilation Module (Basic)

(1 July 2020)



**ISA MECHANICAL VENTILATION COURSE (BASIC)**  
**ISA Mechanical Ventilation Course (Basic) in association with IMA for**  
**all Medical Specialities Conducted at Yamunanagar, Haryana By**  
**Dr Sunil Sethi, President ISA Haryana & Dr Monica Chhikara**  
**(1 July, 2020)**

## ISA Guidelines

# Perioperative fasting and feeding in adults, obstetric, paediatric and bariatric population: Practice Guidelines from the Indian Society of Anaesthesiologists

## PREAMBLE

Preoperative fasting involves being nil by mouth before surgical procedures requiring sedation or anaesthesia.<sup>[1]</sup> In the postoperative period, complete avoidance of oral dietary intake is practiced, till recovery of bowel function for abdominal surgeries.<sup>[2]</sup> Impairment or abolition of airway reflexes following deep sedation or anaesthesia can lead to pulmonary aspiration of gastric contents.<sup>[3]</sup> The ideal condition for minimising the risk of regurgitation and aspiration is an empty stomach before deep sedation or anaesthesia, which may be impossible to achieve due to the continuous gastric secretory activity along with impaired physiology due to various aetiologies encountered in the preoperative period.

Traditional cut off points of gastric aspirate volumes of >25 mL with pH <2.5 have long been quoted to correlate with significant pulmonary aspiration leading to respiratory failure.<sup>[4,5]</sup> This critical pH and volume was obtained by Roberts and Shirley on a Rhesus monkey and were extrapolated to humans.<sup>[6]</sup> Although pH and gastric volume have been traditionally measured using aspiration techniques, the modern research modalities utilising pharmacokinetic properties of orally administered water-soluble substances such as paracetamol, magnetic resonance imaging (MRI) and scintigraphy have provided better insights into the physiology of gastric emptying. Newer modalities such as gastric ultrasonography (GUS) have been increasingly used to study the gastric volumes and emptying.

**Pradeep A Dongare, S Bala Bhaskar,  
S S Harsoor<sup>8</sup>, Rakesh Garg<sup>9</sup>, Sudheesh Kannan<sup>4</sup>,  
Umesh Goneppanavar<sup>6</sup>, Zulfiqar Ali<sup>7</sup>,  
Ramechandran Gopinath<sup>7</sup>, Jayashree Sood<sup>8</sup>,  
Kalaivani Mani<sup>9</sup>, Pradeep Bhatia<sup>10</sup>,  
Priyanka Rohatgi<sup>11</sup>, Rekha Das<sup>12</sup>, Santu Ghosh<sup>13</sup>,  
Subramanyam S Mahankali<sup>14</sup>,  
Sukhminder Jit Singh Bajwa<sup>15</sup>, Sunanda Gupta<sup>16</sup>,  
Sunil T Pandya<sup>17</sup>, Venkatesh H Keshavan<sup>18</sup>,  
Muralidhar Joshi<sup>19</sup>, Naveen Malhotra<sup>20</sup>**

Assistant Professor, Department of Anaesthesiology, ESIC PGIMS, Bengaluru, <sup>4</sup>Department of Anaesthesiology, Vijayanagar Institute of Medical Sciences, Ballari, <sup>5</sup>Professor, Department of Anaesthesiology, Dr BR Ambedkar Medical College and Hospital, Bengaluru, <sup>6</sup>Additional Professor, Department of Onco-Anaesthesia, Pain and Palliative Medicine, DR BRAIRCH, AIIMS, New Delhi, <sup>7</sup>Professor, Department of Anaesthesiology, BMCRI, Bengaluru, <sup>8</sup>Professor, Department of Anaesthesiology, Dharwad Institute of Mental Health and Neurosciences, Dharwad, <sup>9</sup>Associate Professor, Department of Anaesthesiology and Critical Care, Sher-

I-Kashmir Institute of Medical Sciences, Srinagar, <sup>7</sup>Professor and Head, Department of Anaesthesiology and Intensive Care, ESIC Medical College and Hospital, Hyderabad, <sup>8</sup>Honorary Joint Secretary, Board of Management, Chairperson, Institute of Anaesthesiology, Pain and Perioperative Medicine, Sir Ganga Ram Hospital, New Delhi, <sup>9</sup>Scientist IV, Department of Biostatistics, AIIMS, New Delhi, <sup>10</sup>Professor and Head, Department of Anaesthesiology and Critical Care, All India Institute of Medical Sciences, Jodhpur, <sup>11</sup>Chief Clinical Dietician, Apollo Hospitals, Bengaluru, <sup>12</sup>Professor and Head, Department Anaesthesiology, Critical care and Pain, Acharya Harihar Post Graduate Institute of Cancer, Cuttack, <sup>13</sup>Assistant Professor, Department of Biostatistics, St John's Medical College, Bengaluru, <sup>14</sup>Senior Consultant Anaesthesiologist, Aster R V Hospital, Bengaluru, <sup>15</sup>Professor and Head, Department of Anaesthesiology and Intensive Care, Gian Sagar Medical College and Hospital, Punjab, <sup>16</sup>Professor and Head, Department of Anaesthesiology, Geetanjali Medical College and Hospital, Udaipur, <sup>17</sup>Chief of Anaesthesia and Surgical ICU, AIG Hospitals, Hyderabad, <sup>18</sup>Senior Consultant and Chief, Department of Neuroanaesthesia and Critical Care, Apollo Hospitals, Bengaluru, <sup>19</sup>Head, Department of Anaesthesia and Pain Medicine, Virinchi Hospitals, Hyderabad, <sup>20</sup>Professor, Department of Anaesthesiology and In Charge Pain Management Centre, Pt BDS PGIMS, Haryana, India

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## ISA GUIDELINES

# Perioperative fasting and feeding in adults, obstetric, paediatric and bariatric population : Practice Guidelines from the Indian Society of Anaesthesiologists (1 July 2020)

To read full guidelines click on <https://www.ijaweb.org/article.asp?issn=0019-5049;year=2020;volume=64;issue=7;spage=556;epage=584;aulast=Dongare>



# INDIAN SOCIETY OF ANAESTHESIOLOGISTS

## ISA ENDORSED HEALTH INSURANCE PLAN

### Inauguration By

**Dr. Muralidhar Joshi** **Dr. Suresh Kumar Bhargava**  
President ISA National Vice President ISA National

### Moderator

**Dr. Naveen Malhotra**  
Honorary Secretary ISA National

Date: 1<sup>st</sup> July 2020 (Wednesday)  
Time: 5:00 - 5:30 PM

### Conveners

**Dr. Muralidhar Joshi**  
President ISA National  
**Dr. Suresh Kumar Bhargava**  
Vice President ISA National  
**Dr. Venkatagiri KM**  
President Elect ISA National  
**Dr. Naveen Malhotra**  
Honorary Secretary ISA National  
**Dr. Virendra Sharma**  
Treasurer ISA National  
**Dr. S.C. Ganesh Prabhu**  
Governing Council Coordinator ISA National

### Inauguration Ceremony

| Topic                                                  | Speaker                                                                                                      | Time (PM)      |
|--------------------------------------------------------|--------------------------------------------------------------------------------------------------------------|----------------|
| Introduction of the ISA Endorsed Health Insurance Plan | <b>Dr. Naveen Malhotra</b><br>Honorary Secretary ISA National                                                | 5:00 - 5:03 PM |
| Inauguration of the ISA Endorsed Health Insurance Plan | <b>Dr. Muralidhar Joshi</b> <b>Dr. Suresh Bhargava</b><br>President ISA National Vice President ISA National | 5:03 - 5:05 PM |
| Address                                                | <b>Dr. Muralidhar Joshi</b><br>President ISA National                                                        | 5:05 - 5:08 PM |
| Address                                                | <b>Dr. Suresh Kumar Bhargava</b><br>Vice President ISA National                                              | 5:08 - 5:10 PM |
| Address                                                | <b>Dr. Venkatagiri KM</b><br>President Elect ISA National                                                    | 5:10 - 5:12 PM |
| Address                                                | <b>Dr. Virendra Sharma</b><br>Treasurer ISA National                                                         | 5:12 - 5:14 PM |
| Address                                                | <b>Dr. S.C. Ganesh Prabhu</b><br>Governing Council Member ISA National                                       | 5:14 - 5:16 PM |
| Presentation on ISA Endorsed Health Insurance Plan     | <b>Mr. Dipankar Mahajan</b><br>CoverYou                                                                      | 5:16 - 5:25 PM |

Link: Join Zoom Meeting <https://us02web.zoom.us/j/82042640348>  
Meeting ID: 820 4264 0348

**INAUGURATION**  
**ISA Endorsed Health Insurance Plan**  
**(1 July 2020)**

## ISA Endorsed Health Insurance Plan

### POLICY HIGHLIGHTS

|                                                                                                      |                                                 |
|------------------------------------------------------------------------------------------------------|-------------------------------------------------|
| Insurance Company                                                                                    | ICICI LOMBARD GIC LTD                           |
| Insurance Intermediary                                                                               | CoverYou                                        |
| COVID 19 Coverage                                                                                    | From 16th Day                                   |
| COVID 19 Home Treatment Expense Cover                                                                | ✓                                               |
| Free 2 Tele Consultation                                                                             | ✓                                               |
| Co-Pay by The Insured On Treatment / Claim                                                           | 0%                                              |
| Room Rent Limit                                                                                      | Normal & ICU In Any Room Category<br>(No Limit) |
| Critical Illness Treatment Coverage                                                                  | ✓                                               |
| Day Care Procedure                                                                                   | ✓                                               |
| Hospitalization Expense With Minimum of<br>24 Hours of Admission                                     | ✓                                               |
| Pre-Existing Disease Waiting Period                                                                  | 2 Years                                         |
| Pre Hospitalization (30 Days) & Post<br>Hospitalization (60 Days) Expense Covered                    | ✓                                               |
| Restore Benefit of Sum Assured (Upto 100%<br>Sum Assured Once a year )                               | ✓                                               |
| Free Annual Health Checkup                                                                           | ✓                                               |
| No Claim Bonus of 10% on sum assured on<br>claim free year upto maximum to 50% of the<br>sum assured | ✓                                               |
| Emergency Ambulance                                                                                  | ✓                                               |
| Ayush Treatment Covered                                                                              | ✓                                               |
| Tax Benefits Under Section 80D (Upto Rs. 25000)                                                      | ✓                                               |
| Life Long Renewability                                                                               | ✓                                               |
| Hospitalization Due To Accident                                                                      | From Day 1                                      |

**Complimentary ISA endorsed Professional Indemnity Insurance  
of 25 Lacs for 1 year along with ISA Health Insurance**



PRESIDENT  
DR. MURALIDHARAN JOSHI



VICE PRESIDENT  
DR. SURESH BHARGAVA



PRESIDENT ELECT  
DR. VENKATESH K N



HONORARY SECRETARY  
DR. NAVIN MALHOTRA



TREASURER  
DR. VINOD SHARMA



MC CO-ORDINATOR  
DR. S C GANESH PRASHU



[www.coveryou.in](http://www.coveryou.in)



[corporate@coveryou.in](mailto:corporate@coveryou.in)



+91-9599830330

**ISA Endorsed Health Insurance Plan**

**(1 July 2020)**

## ISA Endorsed Health Insurance Plan

### POLICY HIGHLIGHTS

#### SINGLE MEMBER

| Age          | 5 Laacs    | 10 Laacs   | 20 Laacs   | 30 Laacs   | 50 Laacs   |
|--------------|------------|------------|------------|------------|------------|
| 26- 35 Years | Rs. 6,827  | Rs. 7,801  | Rs. 12,259 | Rs. 12,914 | Rs. 13,738 |
| 36- 45 Years | Rs. 8,771  | Rs. 10,021 | Rs. 15,202 | Rs. 16,085 | Rs. 17,195 |
| 46- 50 Years | Rs. 13,046 | Rs. 15,112 | Rs. 19,357 | Rs. 20,565 | Rs. 22,080 |
| 51- 55 Years | Rs. 18,223 | Rs. 21,284 | Rs. 26,524 | Rs. 28,314 | Rs. 30,570 |
| 56- 60 Years | Rs. 25,245 | Rs. 29,533 | Rs. 36,001 | Rs. 38,508 | Rs. 41,668 |
| 61- 65 Years | Rs. 33,327 | Rs. 38,738 | Rs. 57,353 | Rs. 61,309 | Rs. 66,294 |

#### MEMBER + WIFE

| Age          | 5 Laacs    | 10 Laacs   | 20 Laacs   | 30 Laacs   | 50 Laacs     |
|--------------|------------|------------|------------|------------|--------------|
| 26- 35 Years | Rs. 10,272 | Rs. 11,730 | Rs. 15,149 | Rs. 16,131 | Rs. 17,366   |
| 36- 45 Years | Rs. 13,094 | Rs. 15,062 | Rs. 19,563 | Rs. 20,886 | Rs. 22,553   |
| 46- 50 Years | Rs. 20,898 | Rs. 24,203 | Rs. 27,508 | Rs. 29,441 | Rs. 31,878   |
| 51- 55 Years | Rs. 29,179 | Rs. 34,077 | Rs. 38,975 | Rs. 41,840 | Rs. 45,450   |
| 56- 60 Years | Rs. 40,415 | Rs. 47,276 | Rs. 54,136 | Rs. 58,149 | Rs. 63,206   |
| 61- 65 Years | Rs. 53,347 | Rs. 62,005 | Rs. 88,299 | Rs. 94,631 | Rs. 1,02,607 |

#### MEMBER + WIFE + 1 KID

| Age          | 5 Laacs    | 10 Laacs   | 20 Laacs   | 30 Laacs   | 50 Laacs     |
|--------------|------------|------------|------------|------------|--------------|
| 26- 35 Years | Rs. 12,727 | Rs. 14,699 | Rs. 18,956 | Rs. 20,172 | Rs. 21,704   |
| 36- 45 Years | Rs. 15,364 | Rs. 17,809 | Rs. 23,076 | Rs. 24,611 | Rs. 26,544   |
| 46- 50 Years | Rs. 22,952 | Rs. 26,705 | Rs. 30,944 | Rs. 33,078 | Rs. 35,767   |
| 51- 55 Years | Rs. 30,715 | Rs. 35,961 | Rs. 41,694 | Rs. 44,702 | Rs. 48,491   |
| 56- 60 Years | Rs. 41,249 | Rs. 48,335 | Rs. 55,908 | Rs. 59,992 | Rs. 65,137   |
| 61- 65 Years | Rs. 53,374 | Rs. 62,144 | Rs. 87,936 | Rs. 94,194 | Rs. 1,02,076 |

#### MEMBER + WIFE + 2 KID

| Age          | 5 Laacs    | 10 Laacs   | 20 Laacs   | 30 Laacs   | 50 Laacs     |
|--------------|------------|------------|------------|------------|--------------|
| 26- 35 Years | Rs. 15,862 | Rs. 18,442 | Rs. 23,764 | Rs. 25,280 | Rs. 27,191   |
| 36- 45 Years | Rs. 18,497 | Rs. 21,552 | Rs. 27,885 | Rs. 29,719 | Rs. 32,031   |
| 46- 50 Years | Rs. 26,305 | Rs. 30,711 | Rs. 36,091 | Rs. 38,548 | Rs. 41,641   |
| 51- 55 Years | Rs. 34,069 | Rs. 39,968 | Rs. 48,842 | Rs. 50,171 | Rs. 54,365   |
| 56- 60 Years | Rs. 44,603 | Rs. 52,341 | Rs. 61,056 | Rs. 65,462 | Rs. 71,012   |
| 61- 65 Years | Rs. 56,726 | Rs. 66,150 | Rs. 93,084 | Rs. 99,663 | Rs. 1,07,950 |

- 30 day waiting period except hospitalization due to accident.
- COVID 19 waiting period of 15 days.
- Any Pre Existing diseases, if declared by member shall be covered with due approval of underwriter & subsequent claim for pre existing disease will be covered from 3rd year onwards.
- Dedicated claims & underwriting team for ISA.
- Members with existing health policy can buy a parallel cover or can port their existing policy.
- 2 year specific disease waiting period like cataract, Hydrocele Arthritis, gout, rheumatism and spinal disorders, Surgery on tonsils, adenoids and sinuses, Dilatation and curettage, Endometriosis, Gastric and Duodenal erosion and ulcers, Varicose Veins/Varicose Ulcers, Benign Prostatic Hypertrophy, Joint replacement unless due to accident, Sinusitis and related disorders, Stones in the urinary and biliary systems, Dialysis required for chronic renal failure, Deviated Nasal Septum, Fissures / Fistula in anus, hemorrhoids / piles, internal congenital anomalies / illness / defects, Myomectomy, Hysterectomy unless because of malignancy.
- Complete Exclusion - All types of Cosmetics, Skin and internal tumors / cysts / nodules / polyps of any kind including breast lumps unless Malignant & Items of personal comfort & convenience.

**Note :** Members with age above 65 can consult CoverYou for customized quotation



[www.coveryou.in](http://www.coveryou.in)



[corporate@coveryou.in](mailto:corporate@coveryou.in)



+91-9599830330

## ISA Endorsed Health Insurance Plan

(1 July 2020)



## INDIAN SOCIETY OF ANAESTHESIOLOGISTS

### ISA FINANCIAL ADVISOR

#### Webinar on : Financial Planning

Date: 10th July 2020 (Friday)

Time: 6:00 - 7:30 PM

#### Webinar National Advisor

**Dr. S. Bala Bhaskar**

Chairman, ISA Academic Committee

#### Webinar Conveners

**Dr. Muralidhar Joshi**

President ISA National

**Dr. Naveen Malhotra**

Honorary Secretary ISA National

#### Webinar Coordinator

**Dr. Virendra Sharma**

Treasurer ISA National &

Coordinator ISA Financial Advisor

### PROGRAMME

| Topic                                                                       | Speaker                                                                                                                                                                                                                              | Time (PM)      |
|-----------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------|
| Address                                                                     | <b>Dr. Muralidhar Joshi</b><br>President ISA                                                                                                                                                                                         | 6:00 - 6:02 PM |
| Introduction of ISA Financial Advisor                                       | <b>Dr. Naveen Malhotra</b><br>Honorary Secretary ISA                                                                                                                                                                                 | 6:02 - 6:04 PM |
| Introduction of Webinar & Faculty                                           | <b>Dr. Virendra Sharma</b><br>Treasurer ISA                                                                                                                                                                                          | 6:04 - 6:06 PM |
| Wealth Protection- Professional Indemnity, Health Insurance, Life Insurance | <b>Dr. B.S. Kumaresh</b><br>Madurai                                                                                                                                                                                                  | 6:06 - 6:25 PM |
| Wealth Multiplication- Equity Mutual Funds & Goal Based Planning            | <b>Dr. Pranav Gupta</b><br>Merrut                                                                                                                                                                                                    | 6:25 - 6:40 PM |
| Wealth Multiplication- Debt Mutual Funds                                    | <b>Dr. Rajanikant V. Gajjar</b><br>Bharuch                                                                                                                                                                                           | 6:40 - 7:00 PM |
| Panel Discussion and Q & A<br>Moderator: Dr Virendra Sharma                 | <b>Dr. Muralidhar Joshi</b> , President ISA<br><b>Dr. Suresh Kumar Bhargava</b> , Vice President ISA<br><b>Dr. Naveen Malhotra</b> , Hon. Secretary ISA<br><b>Dr. Sukhminder Jit Singh Bajwa</b> , GC Member ISA<br>&<br>All Faculty | 7:00 - 7:30 PM |

Link: <https://www.mediknit.org/isa/financialadvisor>

ISA Financial Advisor Webinar

(10 July 2020)



Zoom Meeting

Recording

TAKE Home message

- Invest 12500 per month in ELSS
- Invest 4200 per month in NPS Tier 1 (50,000/yr)
- Invest remaining via SIP in equity MF
- Invest in different Direct Mutual funds
  - Large Cap (2 schemes) for ex child education
  - Mid Cap (2 schemes) for ex Child Marriage
  - Small Cap (2 schemes) for ex foreign Travel /House / Car

Retirement Corpus

**Thank you**

## ISA Financial Advisor Webinar (10 July 2020)



## INDIAN MEDICAL ASSOCIATION (HQ s.)

(Registered under the Societies Act XXI of 1860)  
Mutually Affiliated with the British & Nepal Medical Associations  
I.M.A. House, Indraprastha Marg, New Delhi-110 002  
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|                                                                                                           |                                                                                                                            |                                                                                                              |                                                                                                                          |
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|-----------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------|

08.07.2020

New Delhi

### 2020 Doctors Day IMA National Awards.

| Sl No | State          | Awardee Name             | Branch/Representative |
|-------|----------------|--------------------------|-----------------------|
| 1     |                | Dr. K K Aggarwal         | New Delhi             |
| 2     | Andhra Pradesh | Dr. Sivaram Amudala      | Vijayawada            |
| 3     | Andhra Pradesh | Dr. Srinivas Mandapaka   | Vijayawada            |
| 4     | Assam          | Dr. Ratna Kanta Talukdar | Guwahati              |
| 5     | Assam          | Dr. Tanvir Alam          | Guwahati              |
| 6     | Assam          | Dr. Pradip Kumar Sarma   | Tezpur                |
| 7     | Bengal         | Dr. Kaushik Chowdhury    | Beliaghata            |
| 8     | Bengal         | Dr. Sisir Naskar         | Bengal                |
| 9     | Bengal         | Dr. Debasis Ghosh        | Bengal                |
| 10    | Bengal         | Dr. Tanmoy Banerjee      | Bengal                |
| 11    | Bihar          | Dr. Sunil Kumar          | Patna                 |
| 12    | Bihar          | Dr. Arun Kumar           | Patna                 |
| 13    | Bihar          | Dr. Umesh Kumar Bhadani  | Bihar                 |
| 14    | Bihar          | Dr. Sanjeev Kumar        | Bihar                 |
| 15    | Bihar          | Dr. Rajesh Singh         | Bihar                 |
| 16    | Delhi          | Dr. Rajeev Sood          | New Delhi             |
| 17    | Delhi          | Dr. Ashwini Dalmiya      | Central Delhi         |
| 18    | Delhi          | Dr. Sandeep Budhiraja    | South Delhi           |
| 19    | Gujarat        | Dr. Chaudhary Vaibhav S. | Mehsana               |
| 20    | Gujarat        | Dr. Hadiyel Ila N.       | Bhavnagar             |
| 21    | Gujarat        | Dr. Mehta Jigar          | Ahmedabad             |
| 22    | Gujarat        | Dr. Patel Tushar B.      | Ahmedabad             |
| 23    | Gujarat        | Dr. Shah Mehul J.        | Ahmedabad             |
| 24    | Gujarat        | Dr. Somani Bhagatram     | Himatnagar            |
| 25    | Gujarat        | Dr. Thakker Mayank       | Rajkot                |
| 26    | Gujarat        | Dr. Patel C.K.           | Surat                 |
| 27    | Gujarat        | Dr. Mona Desai           | Ahmedabad             |
| 28    | Gujarat        | Dr. Parul Vadgama        | Surat                 |
| 29    | Haryana        | Dr. Pankaj Mutneja       | Panipat               |
| 30    | Haryana        | Dr. Dhruv Chaudhary      | Bhiwani               |
| 31    | Haryana        | Dr. Punita Hasija        | Faridabad             |
| 32    | Haryana        | Dr. Suresh Arora         | Faridabad             |
| 33    | Haryana        | Dr. B S Gaba             | Yamuna Nagar          |
| 34    | Haryana        | Dr. Karan Punia          | Bhiwani               |
| 35 →  | Haryana        | Dr. Naveen Malhotra      | Rohtak City           |
| 36    | Haryana        | Dr. Sushila Kataria      | Gurgaon               |

Protect the Single and Couple Doctors Setup

All communications intended for headquarters office should be addressed to the Honorary Secretary General

**Heartiest Congratulations to Team ISA for the IMA Doctors Day National Award 2020**  
**Received on behalf of Team ISA by Dr Naveen Malhotra, Honorary Secretary ISA National**



**ISA National Appreciation Certificates to PPE Clad COVID Warriors**  
**Presented to the PPE Clad COVID Warriors-PGs, SRs & Faculty of Anaesthesiology across**  
**the country to appreciate their invaluable services while working in COVID ICU,**  
**Triage, COVID OT, etc in COVID Pandemic.**  
**(27 July 2020)**



**सम्मान** एनरबोसिया विभाग के चिकित्सकों की भूमिका को हा. आर्पी कालरा ने सराहा

A large group of students and teachers posing for a group photo outdoors in front of a building. The group is arranged in several rows, with some students kneeling in the front. They are dressed in a variety of colorful costumes, including traditional Indian attire like saris and dhotis, as well as more modern or theatrical outfits. The background shows a building with a grid-like facade and some trees.

[illegible]

# हरिभूमि

रोहतक - रोहतक

27 July 2020

हेल्थ विश्वविद्यालय के अलग-अलग विभागों में 60 प्रतिशत डॉक्टर कर रहे हैं इयूटी  
निश्चेतन विभाग के पीजी डॉक्टर व फैकल्टी को प्रशंसा पत्र

हरिभूषि नमः ॥॥ रोहतक

अधिकांश पेशेवादी लोग जो राष्ट्रीय इकाई में प्रवेशी भाषा को मातृभाषा मानते हैं, वे कोरिया में प्रवेशी भाषा विधि। होशक में बड़े प्रवेशी भाषा हेल्व मुनिशियन के कुलपति हैं। ओपी कविता, एमएसएन, एमजी कोरिया में पीओआईएनएफएस के निवासे विभाग के पीओ डक्टर व फैक्टरी के एडि। निवासे विभाग के डॉक्टर डन सम्यक कोरियाई इतिहास केवल कविता, कोरिएर सम्यक ओसीसी, इमरजेंसी ओरिएशन में महानुरागण विभाग में हैं। एमसीसी विभाग विभाग के एक निवासे 20 विशेषज्ञ कोरियाई आईसीसी व 7 विशेषज्ञ कोरियाई सम्यक ओसीसी में और 4 विशेषज्ञ प्रवेशी में राष्ट्रीय हैं। ओरिएशन प्रवेशी में एक एडि में 50 से ज्यादा राष्ट्रीय पीओई फिल एमएसएन अलग-अलग विभागों में राष्ट्रीय कोरियाई और उनमें से 30 से ज्यादा विशेषज्ञ एमसीसी विभाग के हैं।

इस मौके पर इंडियन सोसाइटी ऑफ एनेस्थेसियोलॉजिस्ट के प्रांतीय पैटर्न और



रोहतक। पीजीआईएमएस के निप्रेतन विभाग के पीजी डॉक्टर व फैकल्टी की प्रशंसा पत्र देते हुए हेल्थ यूनिवर्सिटी के कुलपति डॉ. ओपी कालरा व एमएस डॉ. एमजी राशिद।

विभाग अत्यन्त ही सविधा सीनी ने भी अपने फैकटरी व पीजी छात्रों की प्रत्यक्ष में। इंडियन सोसाइटी ऑफ पर्सनिबिलिटीजिन्ट के राष्ट्रीय महासचिव और पीजीआईएसएमए के दर्द निवारण केंद्र के इंचार्ज डॉ. नवीन मल्लोहा ने बताया कि इंडियन सोसाइटी ऑफ पर्सनिबिलिटीजिन्ट की राष्ट्रीय इकाई शुरू से ही इस महागोरी में योगदान दे रही है शुरू में जब पीजीआई किट कमी थी तब आईएसएम ने देशभर की 225 से ज्यादा शाखाओं में पीजीआई किट दी थी।

## सीखने के कार्यक्रम चलाए

डॉ. नवीन मल्होत्रा ने बताया कि आईएसएन ने राष्ट्रीय स्तर पर हीड्रोजन मॉडलिंग एप्लिकेशन के साथ निम्नलिखित चीजों पर ध्यान देना चाहिए।

वैशेष्य है का कार्यक्रम की चला रहा है। इसकी आवश्यकता निम्नलिखित के विभिन्न अर्थशास्त्री में आता हुआ की गई है।

आईएसएन ने कीवर्ड और प्रोड्यूसर विवरण में किस तरह काम करना है और और प्रोड्यूसर को कैसे करवाना है उसके बारे में मालूमदानी देकर की है। डॉ. नवीन मल्होत्रा ने बताया कि एआईएसएन की कार्य के फेडरेशन सीसाईटी और (एनएमआईसीसीआईटी) और राष्ट्रीय स्तर के हीड्रोजन मॉडलिंग एप्लिकेशन ने भी अपनाया है।

कोविड 19 को लेकर नेशनल  
लॉक डाउन का समय दिया

**टॉस्क फोर्स का गठन किया**  
आईएसएन ने कोविड-19 को लेकर नेशनल टॉस्क फोर्स का भी गठन किया है। जिसमें क्लिनिकल को-ऑर्डिनेटर्स हैं जो कि मरीजों की आईसीयू में मेडिकल उपचार के बारे में सलाह देते हैं और दूसरी टास्क फोर्स ट्रेनिंग

को आर्जिनेटर्स की है जो की राष्ट्रीय स्तर पर वॉटिलेटर कोर्स के अंदर लोगों को प्रशिक्षित कर रही है। आर्जिनेटर्स ने रॉयल कॉलेज ऑफ एनेस्थीमिया के साथ मंचन किया है और दोनों देशों में प्रसिद्धों के इलाज के लिए विचार किया है।

**सफाई कर्मचारियों को पीपीई किट पहनने की दे रहे ट्रेनिंग**  
डॉ. सविता मैनी ने बताया कि निखेतन विभाग की डॉ. प्रीती, डॉ. संजय जोहार व डॉ. तपन मधु पोस्ट ग्रेजुएट, नर्सिंग, माइर्स, ओटी टेक्नीशियन व सफाई कर्मचारियों को पीपीई किट पहनने व इस्तेमाल की ट्रेनिंग दे रहे हैं। डॉ. हर्षक सिंघल सेंटर के इंचार्ज हैं।  
डॉ. प्रशांत कुमार मल्लोडिस्पेन्सरी टीम में

हैं। विभाग 21 बेंच के कोविड आईसीयू में सेवारत दे रहा है और साथ ही सरकार और यूएसएसडि द्वारा 36 बेंच का नया आईसीयू भी तैयार किया है। इस के लिए डॉ. शशी किरण, डॉ. नंदिता, डॉ. जतिन खल्ल काम कर रहे हैं। डॉ. सुशीला तक्षक फैकल्टी के कार्डियोलॉजिस्ट हैं। नवीन मल्लोत्रा पीजी कार्डियोलॉजिस्ट हैं।

**ISA National Appreciation Certificates to PPE Clad COVID Warriors  
In Rohtak, honours were done by Hon'ble Vice Chancellor, UHS, Rohtak  
who highly appreciated this gesture of ISA.**

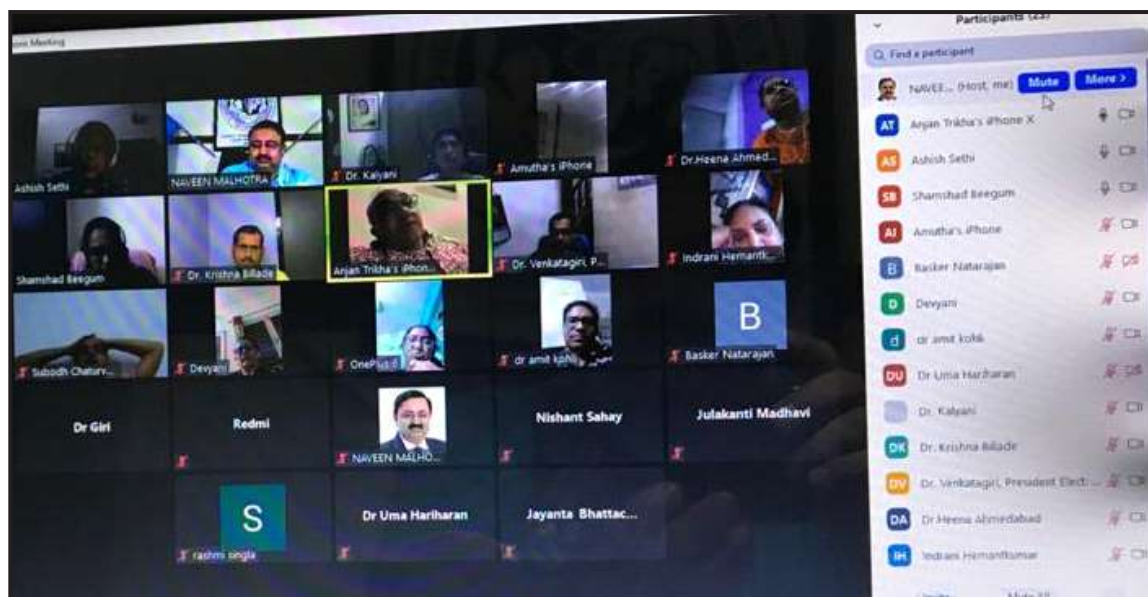
**(27 July 2020)**



TV Interview of Honorary Secretary Dr. Naveen Malhotra shot at ISA NHQ,  
highlighting the role of ISA and Anaesthesiologists in COVID Pandemic  
(27 July 2020)



**Proud COVID Warrior Badge**



**ISA National Task Force COVID Clinical Coordinators**  
**Meeting held Online Every Week**



**Raksha Bandhan Festivities by ISAIANS during COVID Pandemic**  
**(3 August, 2020)**



**ISA**  
Indian Society of  
Anaesthesiologists

## INDIAN SOCIETY OF ANAESTHESIOLOGISTS

### ISA LEGAL CELL

Webinar on : Consumer Protection Act : New Provisions- Where We Doctors Stand?

Date: 9<sup>th</sup> August 2020 (Sunday)

Time: 10:00 AM - 12:15 PM

Webinar National Advisor  
**Dr. S. Bala Bhaskar**  
Chairman, ISA Academic Committee  
Webinar Conveners  
**Dr. Muralidhar Joshi**  
President ISA National  
**Dr. Naveen Malhotra**  
Honorary Secretary ISA National  
Webinar Coordinator  
**Dr. Venkatagiri KM**  
President Elect ISA National

### PROGRAMME

| Topic                                                       | Speaker                                                                                                                                                                                          | Time (PM)        |
|-------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------|
| Introduction                                                | <b>Dr. Naveen Malhotra</b><br>Honorary Secretary ISA National                                                                                                                                    | 10:00 - 10:03 AM |
| Inauguration                                                | <b>Dr. Muralidhar Joshi</b><br>President ISA National                                                                                                                                            | 10:03 - 10:07 AM |
| Introduction of Faculty                                     | <b>Dr. Venkatagiri KM</b><br>President Elect ISA National                                                                                                                                        | 10:07 - 10:10 AM |
| The new provisions in the Consumer Protection Act           | <b>Dr. Ashok R. Patil, LLM, PhD</b><br>Professor, Chair of Consumer Law and Practice,<br>NLSIU, Bengaluru                                                                                        | 10:10 - 10:35 AM |
| Censent                                                     | <b>Dr. S.M. Kantikar, MD (Path), PhD(Law)</b><br>Member, NCDRC, New Delhi                                                                                                                        | 10:35 - 10:55 AM |
| Medicolegal aspects of Anaesthesia                          | <b>Dr. Sunila Sharma</b><br>Gurugram                                                                                                                                                             | 10:55 - 11:15 AM |
| Panel Discussion and Q & A<br>Moderator: Dr Naveen Malhotra | <b>Dr. Rajan Sharma, President IMA National</b><br><b>Dr. Muralidhar Joshi</b><br><b>Dr. Ashok R. Patil</b><br><b>Dr. S.M. Kantikar</b><br><b>Dr. Sunila Sharma</b><br><b>Dr. Venkatagiri KM</b> | 11:15 - 12:15 PM |

Link: <https://www.mediknit.org/isa/legalcell>

ISA National Legal Cell Webinar  
(9 August 2020)



**ISA**  
Indian Society of  
Anaesthesiologists

## INDIAN SOCIETY OF ANAESTHESIOLOGISTS

### ISA LEGAL CELL

Webinar on : Consumer Protection Act : New Provisions- Where We Doctors Stand?

**Date:** 9 August 2020, Sunday

**Time:** 10.00 AM - 12:15 PM



**Dr. Ashok R. Patil**  
Professor, Chair of Consumer  
Law and Practice, NLSIU, Bengaluru  
The New Provisions in the Consumer Protection Act



**Dr. S. M. Kantikar**  
Member, NCDRC, New Delhi  
Legal Implications of Informed Consent



**Dr. Rajan Sharma**  
President IMA National  
IMA Stand on CPA



**Dr. Muralidhar Joshi**  
President ISA National  
Panelist



**Dr. Sunila Sharma**  
Gurugram  
Medicolegal Aspects of Anaesthesia



**Dr. Venkatagiri KM**  
President Elect ISA National  
Panelist



**Professor Naveen Malhotra**  
Honorary Secretary ISA National  
Moderator

**Link:** <https://www.mediknit.org/isa/legalcell>

**ISA National Legal Cell Webinar  
(9 August 2020)**



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Indian Society of  
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**IJA** Indian Journal  
of Anaesthesia

**ISA ZONAL SUPPLEMENTS  
IN  
INDIAN JOURNAL OF ANAESTHESIA**

**INAUGURAL ISSUE**

**15<sup>th</sup> August 2020**

**LONG LIVE ISA !**

**LONG LIVE IJA !**

**Dr. Muralidhar Joshi**  
President ISA National

**Dr. Lalit Mehdiratta**  
Editor-in-Chief IJA

**Dr. Naveen Malhotra**  
Honorary Secretary ISA National

**Dr. S. S. Bajwa**  
Associate Editor-in-Chief IJA

**And  
Team ISA & IJA**

**Inaugural Ceremony ISA IJA Northern Supplement  
(15 August 2020)**



**ISA**  
Indian Society of  
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**IJA** Indian Journal  
of Anaesthesia

*Invitation*  
**INAUGURAL CEREMONY**  
**ISA - IJA NORTHERN SUPPLEMENT**

**15 August 2020**  
**6 - 7 PM**

| PROGRAMME |                                                          |                                                                                   |
|-----------|----------------------------------------------------------|-----------------------------------------------------------------------------------|
| Time (PM) | Topic                                                    | Speaker                                                                           |
| 6:00 PM:  | Welcome Address                                          | <b>Dr. Naveen Malhotra</b><br>Honorary Secretary ISA National                     |
| 6:05 PM:  | Flag Hoisting<br>& National Anthem                       | <b>Dr. Muralidhar Joshi</b><br>President ISA National                             |
| 6:08 PM:  | Inauguration of ISA-IJA Northern<br>Supplement in IJA    | <b>Dr. Muralidhar Joshi</b><br>President ISA National                             |
| 6:10 PM:  | Release of The ISAIAN-<br>The Official Newsletter of ISA | <b>Dr. Suresh Bhargava</b><br>Vice President ISA National                         |
| 6:12 PM:  | Address                                                  | <b>Dr. Muralidhar Joshi</b><br>President ISA National                             |
| 6:17 PM:  | Address                                                  | <b>Dr. Suresh Bhargava</b><br>Vice President ISA National                         |
| 6:20 PM:  | Address                                                  | <b>Dr. Venkatagiri KM</b><br>President Elect ISA National                         |
| 6:23 PM:  | Address                                                  | <b>Dr. Virendra Sharma</b><br>Treasurer ISA                                       |
| 6:26 PM:  | Address                                                  | <b>Dr. Lalit Mehdiratta</b><br>Editor-in-Chief IJA                                |
| 6:30 PM:  | Address                                                  | <b>Dr. S.S.Bajwa</b><br>Editor-in-Chief ISA-IJA Northern Supplement               |
| 6:35 PM:  | Felicitation of Dignitaries                              | <b>Dr. Naveen Malhotra</b><br><b>Dr. Lalit Mehdiratta</b><br><b>Dr. S.S.Bajwa</b> |
| 6:55 PM:  | Vote of Thanks                                           | <b>Dr. S.S.Bajwa</b>                                                              |

With best wishes,

**TEAM ISA & IJA**

Link : <https://us02web.zoom.us/j/81087269695>

Meeting ID: 810 8726 9695

Live Streaming on You Tube: ISA NHQ

<https://www.youtube.com/channel/UCf40oF2AqzEHDfhXBg26Gag>

**Inaugural Ceremony ISA IJA Northern Supplement**  
**(15 August 2020)**


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**Newer Avenues in IJA academics** p. 159

Muralidhar Joshi  
DOI:10.4103/ija.IJA\_1047\_20

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**Increased publication avenues-The ISA--IJA zonal supplements** p. 160

Naveen Malhotra  
DOI:10.4103/ija.IJA\_1075\_20

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**Inaugural Ceremony ISA IJA Northern Supplement  
(15 August 2020)**



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**Accomplishing the initial phase of the academic vision and missions** p. 162

Lalit Mehdkratta  
DOI:10.4103/ija.IJA\_1056\_20

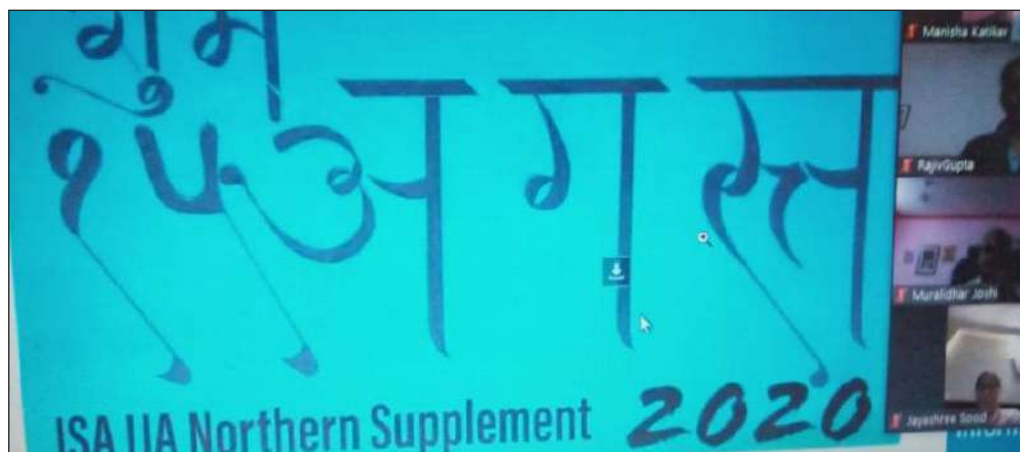
[HTML Full text] [PDF] [Mobile Full text] [EPub] [Sword Plugin for Repository]<sup>Beta</sup>



**Northern Supplement of Indian Journal of Anaesthesia; beginning of a new era in zonal academics** p. 163

Sukhminder Jit Singh Bajwa  
DOI:10.4103/ija.IJA\_1058\_20

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**Inaugural Ceremony ISA IJA Northern Supplement  
(15 August 2020)**



### **CIAT- COVID ICU ANAESTHESIA TEAMS**

**ISAIans working across the country, day and night, on field duties,  
wearing PPE in service of Nation and Humanity in the COVID Pandemic.  
May God give continuous strength to serve the humanity !**



**1<sup>st</sup> YUVA ISACON 2020**  
**First Online National Conference of YUVA ISA**  
**(5-6 September, 2020)**



**ISA**  
Indian Society of  
Anaesthesiologists



**YUVA ISA**

## 1<sup>st</sup> YUVA ISACON 2020

5 - 6 September 2020

**ONLINE NATIONAL CONFERENCE OF YUVA ISA**

*Organised by :*  
Society of Anaesthesiologists Haryana

*Hosted by :*  
Indian Society of Anaesthesiologists National

### INVITATION

YUVA ISA is an initiative under the aegis of Indian Society of Anaesthesiologists National to provide young anaesthesiologists, under the age of 40 years, an impetus towards academic growth, clinical training and research practices through innovative means. Young anaesthesiologists as well as trainees in post graduate institutes shall benefit from this endeavour. Free exchange of ideas and opportunities in city, state and national CMEs and conferences would help in building a rock-solid foundation for the future generation of anaesthesiologists in India.

Indian Society of Anaesthesiologists National and Society of Anaesthesiologists Haryana welcome you to 1<sup>st</sup> YUVA ISACON on 5<sup>th</sup> and 6<sup>th</sup> September, 2020.

This two day event is one of its kind and aims to provide a platform to the youngest minds and budding anaesthesiologists from all over the country. It is an opportunity to showcase your academic talents, learn from your peers and expand your knowledge in the ever evolving field of Anaesthesiology. Indian Society of Anaesthesiologists believes in the dictum of 'Together We Learn' and feels that it's the responsibility of seniors to provide wings to our next generation.

The Organising Committee welcomes you all to the 1<sup>st</sup> National Conference of YUVA ISA.  
Long Live ISA!  
Jai ISA!an!



**Dr. Naveen Malhotra**  
Honorary Secretary ISA National  
Organizing Chairperson YUVA ISACON 2020  
Programme Head YUVA ISA

**1<sup>st</sup> YUVA ISACON 2020**  
5<sup>th</sup> & 6<sup>th</sup> September 2020  
Organized by: Society of Anaesthesiologists Haryana  
Hosted by: Indian Society of Anaesthesiologists National

Organizing Committee Cordially invite all ISA'ians to this one of its kind academic fest on 5<sup>th</sup> & 6<sup>th</sup> September 2020.

5th Sept 2020 || INAUGURATION || 07:00 - 08:00 Pm

### Meet The Organizing Committee

|                                                                                                                                            |                                                                                                                                                 |                                                                                                                                       |                                                                                                                                             |                                                                                                                                         |
|--------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------|
| <br>Dr. Manish Kumar Jaiswal<br>President, SOA Haryana  | <br>Dr. Rakesh Kumar Bhargava<br>Vice President, SOA Haryana | <br>Dr. Vaidyanath K M<br>Secretary, SOA Haryana   | <br>Dr. Naveen Malhotra<br>Executive Member, SOA Haryana | <br>Dr. Vinod Kumar Sharma<br>Member, SOA Haryana    |
| <br>Dr. Sushil Malhotra<br>Executive Member, SOA        | <br>Dr. S. Balu Reddy<br>President, SOA Andhra Pradesh       | <br>Dr. J. V. Shrinath<br>President, SOA Karnataka | <br>Dr. Manoj Kumar<br>President, SOA Kerala             | <br>Dr. S. S. Suresh<br>President, SOA Tamil Nadu    |
| <br>Dr. J. Subramanian<br>President, SOA Madhya Pradesh | <br>Dr. S. C. Suresh Kumar<br>President, SOA Odisha          | <br>Dr. Raju Gupta<br>President, SOA Punjab        | <br>Dr. Manoj Malhotra<br>President, SOA Rajasthan       | <br>Dr. Sushil Dixit<br>President, SOA Uttar Pradesh |
| <br>Dr. Ashish Bhargava<br>President, SOA West Bengal   | <br>Dr. Shrinath Malhotra<br>President, SOA Gujarat          | <br>Dr. Suresh Kumar<br>President, SOA Haryana     | <br>Dr. Vinod Kumar<br>President, SOA Haryana            | <br>Dr. Sushil Kumar<br>President, SOA Haryana       |

### YUVA Coordinators

|                                                                                                        |                                                                                                             |                                                                                                         |                                                                                                        |                                                                                                         |
|--------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------|
| <br>Dr. Anshu Kalia | <br>Dr. Shrinath Chhabra | <br>Dr. Suresh Kumar | <br>Dr. Anshu Kumar | <br>Dr. Sushil Kumar |
|--------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------|

**Register Now**

<https://in.angnow.com/booking/register/YUVAISACON>

For further queries contact Org. Committee  
1<sup>st</sup> YUVA ISACON 2020

[isanghprogrammes@gmail.com](mailto:isanghprogrammes@gmail.com) +91 9091515151, 9812091051

### Eligibility :

- For ISA Members only
- Age less than 40 years (submit aadhaar card or any other age proof)

### Categories :

- Post Graduate Students (Paper Presentation Only)
- Senior Residents
- Consultants / Faculty
- Private Practitioners (Free Lancers)

### How to participate :

- Choose your best presentation
- Choose from your area of interest (chronic pain, acute pain, regional anaesthesia, pediatric anaesthesia, obstetric anaesthesia, cardiac anaesthesia, neuro anaesthesia, critical care, airway, any other)
- Send your presentation (power point) to isanghprogrammes@gmail.com
- Make a video recording of your presentation, maximum 1 minute duration and send on Whatsapp to 9091515151 (to judge your oratory skills)
- Submit your details along with power point presentation

|                                                           |              |
|-----------------------------------------------------------|--------------|
| Name :                                                    |              |
| Age (attach age proof) :                                  | ISA No. :    |
| City :                                                    | State :      |
| E-mail ID :                                               | Mobile No. : |
| Category : PG / SR / Faculty / PP                         |              |
| Title of Presentation :                                   |              |
| Presentation Submitted : Yes / No                         |              |
| Video Recording Sent by Whatsapp to 9091515151 : Yes / No |              |
| For PG's : Certificate from HOD to be submitted           |              |

**1<sup>st</sup> YUVA ISA NATIONAL CME 2020 SECRETARIAT**

**Dr. Naveen Malhotra**  
isanghprogrammes@gmail.com  
9091515151, 9812091051

## 1<sup>st</sup> YUVA ISACON 2020

### First Online National Conference of YUVA ISA

(5-6 September, 2020)

# 1<sup>ST</sup> YUVA ISACON 2020

5<sup>th</sup> & 6<sup>th</sup> September 2020

Organised by: Society of Anaesthesiologists Haryana  
Hosted by: Indian Society of Anaesthesiologists National

## ENTRIES ARE INVITED !!

5th Sept 2020 || 08:00-09:00 PM || Lets Rock & Roll

DELEGATE  
REGISTRATION  
IS OPEN

Y  
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Videos on "Indomitable Spirits in COVID Struck World"

Send your entries to  
[isanhqprogrammes@gmail.com](mailto:isanhqprogrammes@gmail.com) by 2 September Midnight



CPR Song

**POETRY**

Recitation



Standup  
Comedy  
Mimicry

Short Skits

**Solo / Group  
Performance**

**HIP-HOP  
/ JAZZ**



### INSTRUCTIONS

**DURATION <4 MINUTES**

- Preferably a plain background
- Volume has to be good
- File should be in Mp4
- Max File size of 2 GB
- Proper light source should be there for clear video
- No other background noise should be there except performance sound

**Register  
Now**

For further queries contact Org. Committee

1<sup>ST</sup> YUVA ISACON 2020



[isanhqprogrammes@gmail.com](mailto:isanhqprogrammes@gmail.com)



+91 9091515151, 9812091051

YUVA KALA - THE CULTURAL PROGRAMME

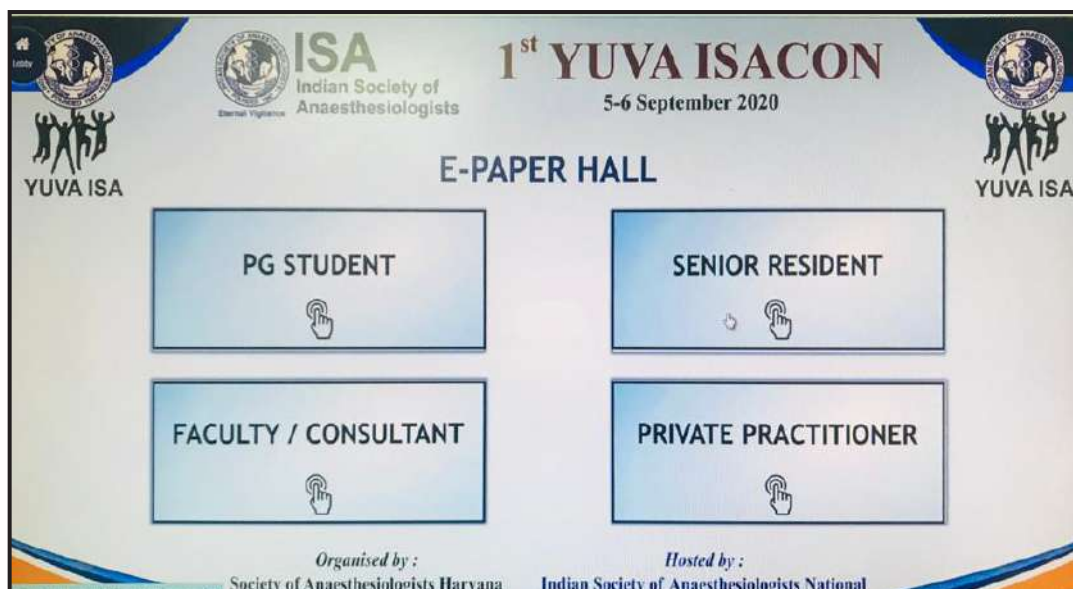
1<sup>ST</sup> YUVA ISACON 2020

First Online National Conference of YUVA ISA

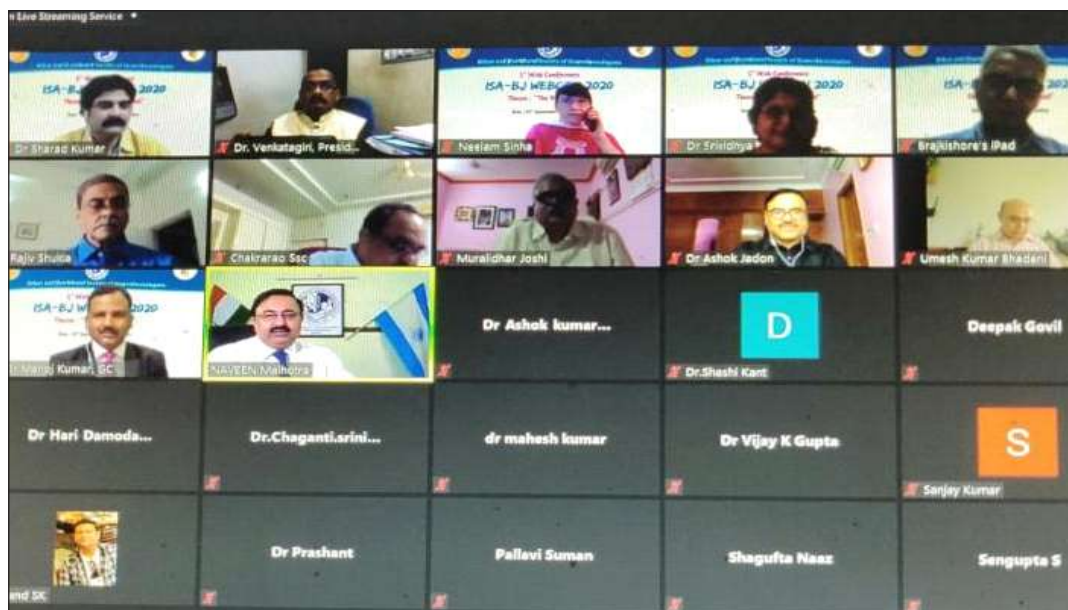
(5-6 September, 2020)



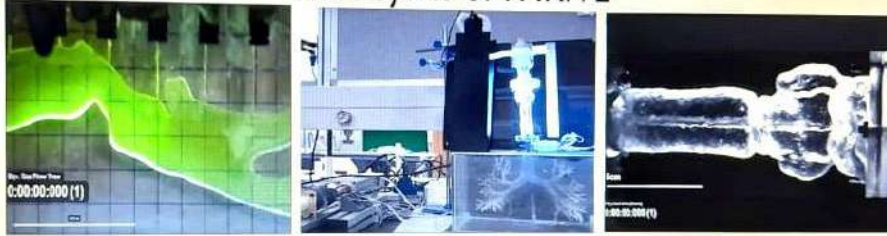
**1<sup>st</sup> YUVA ISACON 2020**  
**First Online National Conference of YUVA ISA**  
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**1<sup>st</sup> YUVA ISACON 2020**  
**First Online National Conference of YUVA ISA**  
**(5-6 September, 2020)**



## How does THRIVE work ? The Physics of THRIVE



### Anaesthesia

Journal of the Association of Anaesthetists of Great Britain and Ireland

Anaesthesia 2019      doi: 10.1111/anae.15343

Original Article

**A physiological study to determine the mechanism of carbon dioxide clearance during apnoea when using transnasal humidified rapid insufflation ventilatory exchange (THRIVE)\***

L.A.Hemmer, C.J.Spence, M.J.Payton, S.A.R.Nouraei, A.Paief and T.H.Barnes<sup>1,2,3</sup>

Br J Anaesth. 2019 Mar;122(3):395-401. doi: 10.1016/j.bja.2018.11.012. Epub 2018 Dec 6.

**Computer simulation clarifies mechanisms of carbon dioxide clearance during apnoea.**

Laviola M<sup>1</sup>, Das A<sup>2</sup>, Chikhani M<sup>3</sup>, Bates DG<sup>2</sup>, Hardman JG<sup>3</sup>.



## BIHAR JHARKHAND WEBCON 2020 (12 September, 2020)



Maharashtra State Chapter Indian Society  
of Anesthesiologists (MSCISA)



Society of Anesthesiologist Pimpri Chinchwad (SAPC)  
and  
Indian Medical Association Pimpri Chinchwad Bhosari Branch  
(IMAPCB)

## WEBINAR (COURSE ON)

### BASICS OF MECHANICAL VENTILATION

Date : 13th Sept 2020, Sunday Time : 1:45 to 5:00 PM

Register on - <https://forms.gle/NXTtSvK497QwvAkM6>

Welcome: Dr Avinash Bhondwe / Dr Milind Pol | Introduction: Dr Sumeet Lad / Dr Suhas Mate.

Programme Coordinator: Dr Maya Bhalerao

#### Programme Schedule

| Time               | Speaker                                | Topic                                |
|--------------------|----------------------------------------|--------------------------------------|
| 2.00 PM to 2.30 PM | Oxygen Therapy                         | Dr Kalpana Kelkar                    |
| 2.30 PM to 3.00 PM | Basics of Mechanical Ventilation       | Dr Vivek Deshmukh                    |
| 3.00 PM to 3.30 PM | Basic modes of Mechanical Ventilation  | Dr Indrani Hemantkumar               |
| 3.30 PM to 4.00 PM | Supportive Therapy for Patients on MV  | Dr Surekha Shinde                    |
| 4.00 PM to 4.30 PM | Weaning from Mechanical Ventilation    | Dr Venkatesh Dhat                    |
| 4.30 PM to 5.00 PM | Discussion and Question Answer session | Dr Shubhangi Kothari                 |
| 5.00 PM            | Vote of Thanks                         | Dr Smita Kulkarni/Dr Sudhir Bhalerao |

MSCISA

Dr. Milind Pol  
President

Dr. Balaji Asegaonkar  
Hon.Secretary

SAPC

Dr. Sumeet Lad  
President

Dr. Maya Bhalerao  
Hon.Secretary

"We Dare We Care"

IMAPCB

Dr. Suhas Mate  
President

Dr. Sudhir Bhalerao  
Hon.Secretary

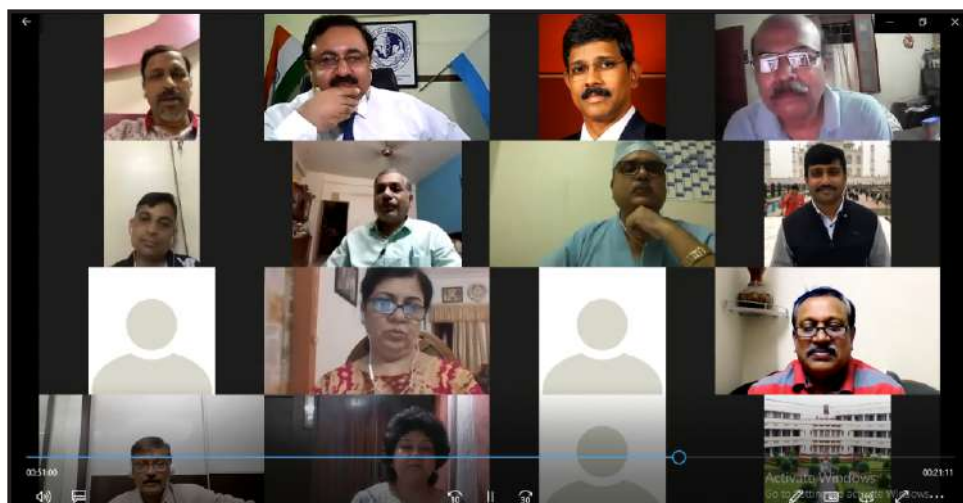
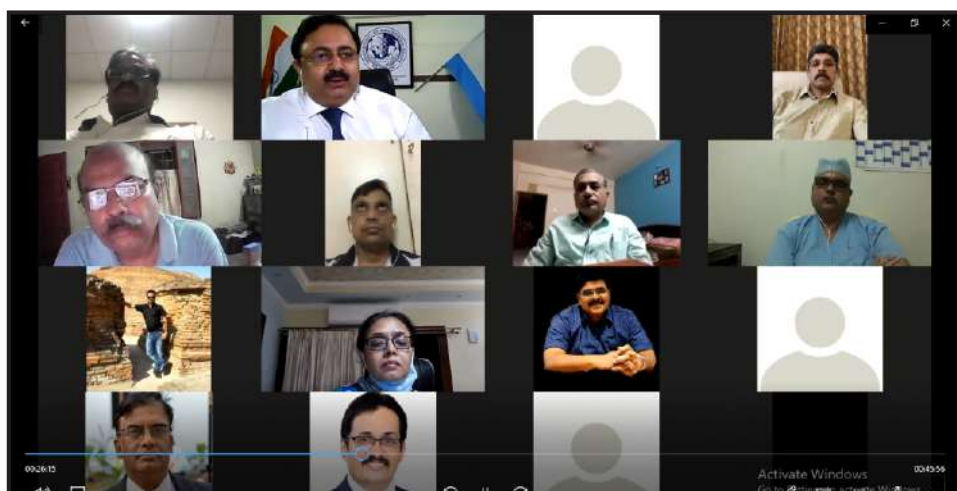
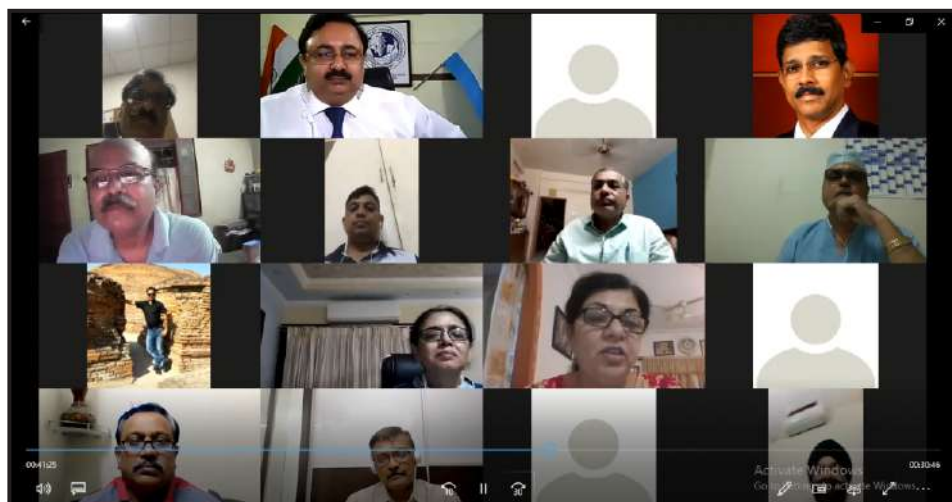
ISA Online Mechanical Ventilation Course (Basic)  
Pimpri Chinchwad  
(13 September 2020)



**THE ISA NATIONAL GOVERNING COUNCIL MEETING**  
**(13 September, 2020)**



**THE ISA NATIONAL GOVERNING COUNCIL MEETING**  
**(14 September, 2020)**



**The ISA National Governing Council Meeting  
 with State Presidents & Secretaries  
 (14 September 2020)**



## INDIAN SOCIETY OF ANAESTHESIOLOGISTS

(Founder Member of the World Federation of Societies of Anaesthesiologists)  
REGD. NO. 8/1999 CHENNAI, PAN AAAT13385A, 80G DIT(E)NO2(372)/98-99 DATED : 05.06.2000

**President**

Dr. Muralidhar Joshi  
Mob. : 9949049946  
drmuralidharjoshi@gmail.com

**Vice-President**

Dr. Suresh Kumar Bhargava  
Mob. : 9829063830  
suresh3559@yahoo.com

**Hon. Secretary**

Dr. Naveen Malhotra  
Mob. : 9812091051  
dnaveenmalhotra@yahoo.co.in

**Treasurer**

Dr. Virendra Sharma  
Mob. : 9415142460  
virendra\_doc@yahoo.co.in

SEC/ISA NHQ/RTK/2020/595

Dated: 14-09-2020

**IMPORTANT**  
**RESCHEDULING OF ALL THE EVENTS OF**  
**INDIAN SOCIETY OF ANAESTHESIOLOGISTS (ISA)**

Dear ISAians,  
Greetings from ISA National Head Quarters!

The COVID pandemic has affected the world including India. The Anaesthesiologists are at forefront in the management of COVID patients. It is estimated that out of total number of doctors involved in intensive care management of such patients in Intensive Care Units across India, 60-70% are anaesthesiologists. They are working day and night in this pandemic. The COVID pandemic has also lead to restrictions in travelling and physical gathering.

Hence, The Governing Council of Indian Society of Anaesthesiologists has decided to reschedule its 68th Annual Conference to be held in Ahmedabad in November 2020 to November 2021. This has been done in view of safety and health of its members; their preoccupation with clinical duties and in line with advisories from different government agencies. Many other societies of other medical specialties have also done the same.

According to the constitution of ISA, The Annual General Body Meeting of Indian Society of Anaesthesiologists (ISA) is held during the annual conference and change of office bearers takes place during the AGBM. Due to the ongoing COVID pandemic, compelling and exceptional circumstances, The Governing Council of ISA has unanimously decided to reschedule all the events of ISA to be held in the year 2020 to 2021 and those to be held in year 2021 to 2022, like- The Annual National Conference of ISA of 2020 will be held in 2021 and that of 2021 in 2022. The Notification of ISA National Elections, Vacancies in ISA National Governing Council and Online ISA National elections of 2020 will occur in 2021 and that of 2021 in 2022. The Awards, Orations, Prizes etc of ISA of 2020 will be held in 2021 and that of 2021 in 2022.

**ISA National Head Quarters**

"Naveen Niketan", 128/19, Doctor's Lane, Near Civil Hospital, Rohtak - 124001 (Haryana), INDIA  
E-mail: [secretaryisanhq@gmail.com](mailto:secretaryisanhq@gmail.com) / [isanhq@gmail.com](mailto:isanhq@gmail.com), Mob. : +91-9812091051, 9091515151  
[www.isaweb.in](http://www.isaweb.in)

**Rescheduling of ISA National Events**

**(14 September 2020)**



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virendra\_doc@yahoo.co.in

The year 2020 will not be counted in the term of Governing Council for all intents and purpose due to ongoing COVID pandemic and the preoccupation of anaesthesiologists with management of COVID patients. However, the Governing Council of ISA will strive to work to fulfill its obligations pertaining to the members and the association. A Special AGBM may be held online to pass accounts only, as it is a time bound agenda. However, this is one time, one year extension of term. This decision of Governing Council will not be reviewed and extension of term by one year to all Governing Council Members is irrevocable. If the pandemic continues in 2021 and beyond, Online ISA Elections and Virtual/ Online hand over and takeover of Governing Council / Office Bearers will be done, Online Awards/ Orations will be held, Online ISACON, and all official activities of ISA will be held online.

Long Live ISA!

Jai ISAian!

Best wishes and regards,

*Muralidhar J*

Dr. Muralidhar Joshi  
President  
Indian Society of Anaesthesiologists

*Naveen Malhotra*

Dr. Naveen Malhotra  
Honorary Secretary  
Indian Society of Anaesthesiologists

ISA National Head Quarters

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**Rescheduling of ISA National Events**

**(14 September 2020)**



## INDIAN SOCIETY OF ANAESTHESIOLOGISTS

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**Treasurer**

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virendra\_doc@yahoo.co.in

### RESCHEDULING OF ALL THE EVENTS OF INDIAN SOCIETY OF ANAESTHESIOLOGISTS (ISA)

**Explanatory Note:**

The Term of ISA National Governing Council is as under:

| Name                                                                                               | Post                | Initial Date of Completion of Term | New Date of Completion of Term |
|----------------------------------------------------------------------------------------------------|---------------------|------------------------------------|--------------------------------|
| Dr. Muralidhar Joshi                                                                               | President           | November 2020                      | November 2021                  |
| Dr. Suresh K Bhargava                                                                              | Vice-President      | November 2020                      | November 2021                  |
| Dr. Venkatagiri K M                                                                                | President Elect     | November 2020                      | November 2021                  |
| Dr. Naveen Malhotra                                                                                | Hon Secretary       | November 2021                      | November 2022                  |
| Dr. Virendra Sharma                                                                                | Treasurer           | November 2021                      | November 2022                  |
| Dr. Lalit Mehdiratta                                                                               | Editor-in-Chief IJA | November 2022                      | November 2023                  |
| Dr. S. Bala Bhaskar                                                                                | Past President      | November 2020                      | November 2021                  |
| Dr. J.V.Divatia                                                                                    | Past EIC IJA        | November 2020                      | November 2021                  |
| Dr. Sukhminder Jit Singh Bajwa                                                                     | GC Member           | November 2020                      | November 2021                  |
| Dr. Manoj Kumar                                                                                    | GC Member           | November 2020                      | November 2021                  |
| Dr J. Balavenkatasubramanian                                                                       | GC Member           | November 2021                      | November 2022                  |
| Dr. S C Ganesh Prabhu                                                                              | GC Member           | November 2021                      | November 2022                  |
| Dr. Rajiv Gupta                                                                                    | GC Member           | November 2022                      | November 2023                  |
| Dr. Bharat Bhushan Bhardwaj                                                                        | GC Member           | November 2022                      | November 2023                  |
| Dr. Surajit Giri                                                                                   | GC Member           | November 2022                      | November 2023                  |
| Dr. Ashok Deshpande                                                                                | GC Member           | November 2022                      | November 2023                  |
| Dr. Chintal Kishan                                                                                 | GC Member           | November 2022                      | November 2023                  |
| <b>68<sup>th</sup> Annual National Conference of Indian Society of Anaesthesiologists (ISACON)</b> |                     | November 2020                      | November 2021                  |
| <b>69<sup>th</sup> Annual National Conference of Indian Society of Anaesthesiologists (ISACON)</b> |                     | November 2021                      | November 2022                  |
| <b>GC Vacancies</b>                                                                                | Vice-President      | November 2020                      | November 2021                  |
|                                                                                                    | President Elect     | November 2020                      | November 2021                  |
|                                                                                                    | GC Member NZ        | November 2020                      | November 2021                  |
|                                                                                                    | GC Member EZ        | November 2020                      | November 2021                  |

*Muralidhar J*

*N Malhotra*

CONTD.....

ISA National Head Quarters

"Naveen Niketan", 128/19, Doctor's Lane, Near Civil Hospital, Rohtak - 124001 (Haryana), INDIA  
E-mail: secretaryisanhq@gmail.com / isanhq@gmail.com, Mob. : +91-9812091051, 9091515151  
www.isaweb.in

### Rescheduling of ISA National Events

(14 September 2020)



## INDIAN SOCIETY OF ANAESTHESIOLOGISTS

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### RESCHEDULING OF ALL THE EVENTS OF INDIAN SOCIETY OF ANAESTHESIOLOGISTS (ISA)

**Explanatory Note:**

**The Term of ISA National Governing Council is as under:**

|                           |                       |               |               |
|---------------------------|-----------------------|---------------|---------------|
| <b>GC Vacancies</b>       | Secretary & Treasurer | November 2021 | November 2022 |
|                           | GC Member National    | November 2021 | November 2022 |
|                           | GC Member National    | November 2021 | November 2022 |
|                           | Vice-President        | November 2021 | November 2022 |
|                           | President Elect       | November 2021 | November 2022 |
| <b>GC Vacancies</b>       | EIC IJA               | November 2022 | November 2023 |
|                           | GC Member National    | November 2022 | November 2023 |
|                           | GC Member SZ          | November 2022 | November 2023 |
|                           | GC Member WZ          | November 2022 | November 2023 |
|                           | GC Member CZ          | November 2022 | November 2023 |
|                           | Vice-President        | November 2022 | November 2023 |
|                           | President Elect       | November 2022 | November 2023 |
| <b>ISA Orations</b>       |                       | November 2020 | November 2021 |
|                           |                       | November 2021 | November 2022 |
| <b>ISA Awards. Prizes</b> |                       | November 2020 | November 2021 |
|                           |                       | November 2021 | November 2022 |

*Muralidhar J*

**Dr. Muralidhar Joshi**  
**President**  
**Indian Society of Anaesthesiologists**

*Naveen Malhotra*

**Dr. Naveen Malhotra**  
**Honorary Secretary**  
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ISA National Head Quarters

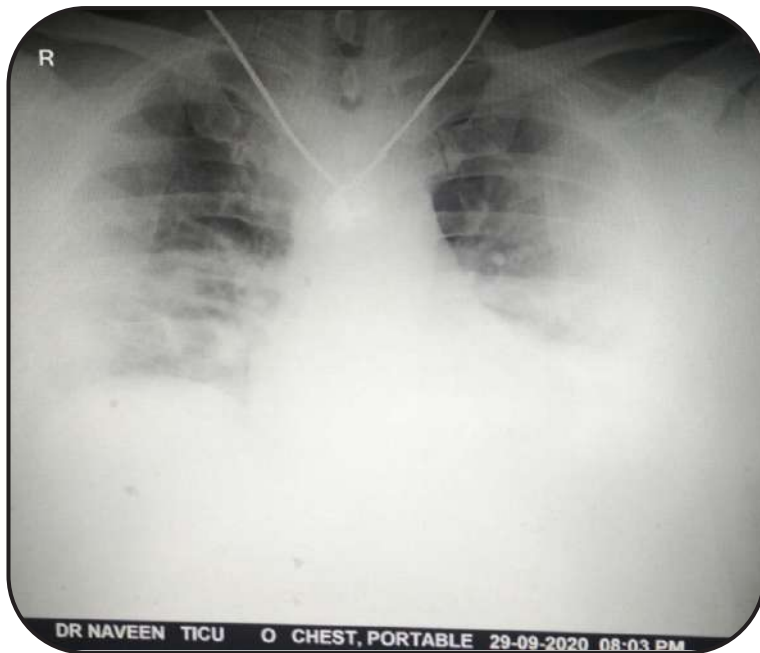
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www.isaweb.in

### Rescheduling of ISA National Events

(14 September 2020)

## COVID STRIKES ISA NATIONAL GOVERNING COUNCIL

- Dr. VIRENDRA SHARMA
- Dr. SURESH K. BHARGAVA
- Dr. NAVEEN MALHOTRA
- Dr. S. S.BAJWA
- Dr. S. BALA BHASKAR
- Dr. MANOJ KUMAR



## COVID STRIKES ISA NATIONAL GOVERNING COUNCIL WORK GOES ON

### Editorial

Access this article online

Website: [www.ijaweb.org](http://www.ijaweb.org)

DOI: 10.4103/ija.IJA\_1280\_20

Quick response code



### Editing from the dungeons of the pandemic; an editor's agonisingly painful battle with COVID-19

**Sukhminder Jit Singh Bajwa**

Department of Anaesthesiology and Intensive Care, Gian Sagar Medical College and Hospital, Banur, Patiala, Punjab, India  
E-mail: [sukhminder\\_bajwa2001@yahoo.com](mailto:sukhminder_bajwa2001@yahoo.com)

Lying in the high dependency unit along with one's family, with the uncertainty of being shifted any moment to the coronavirus disease intensive care unit (COVID ICU) looming over the head (as 25% of the lung volume is severely affected), is a dire situation that one can face during one's lifetime. Apprehensions get heightened when you faintly remember the glimpses of all such critical patients whom you had been managing for the last six months in your own critical care arena and few of which could not be saved from the clutches of COVID in spite of your best efforts.

Harbouring COVID is like fostering a potential time bomb which can either slowly diffuse or blow up

it gives me ample courage to write this editorial and to carry on with academic work, to divert my mind from the thoughts of potentially dangerous COVID complications. Life is so contagious and passionate that it keeps bringing optimism from some end. The instinct to survive, to carry on with grit the other commitments and responsibilities of life and positive thoughts have kept my hopes afloat and alive.

We are all currently sitting on the lap of the mother of all the pandemics, and she is uncontainable despite so many advances in the medical field. The administrative and the government machinery throughout the globe are also finding themselves



## COVID STRIKES ISA NATIONAL GOVERNING COUNCIL WORK GOES ON




### ISA VADODARA

Supported by ISA NATIONAL and ISA GUJARAT  
is organising

## ISA MECHANICAL VENTILATION COURSE (BASIC)

### WEBINAR FOR PG STUDENTS OF GUJARAT

Date : 27th September 2020, SUNDAY Time : 2.00 TO 5.00 PM

Register on : <https://forms.gle/RXNbHvQUNHvUvhvt9>  
*Registration is Free but Compulsory.*

Meeting Link : <https://us02web.zoom.us/j/84526769426>  
MEETING ID : 845 2676 9426

**GUEST OF HONOUR :**

Dr. Murlidhar Joshi  
President, ISA

Dr. Naveen Malhotra  
Honorary Secretary, ISA

Dr. S. Bala Bhaskar  
Chairman, ISA Academic Committee

Welcome Speech  
Dr. Swati Bhatt & Dr. Bhadresh Shah

Program Coordinator  
Dr. Chetna Agrawal

Registration Coordinator  
Dr. Vipul Gandharv

### PROGRAM SCHEDULE

| Time             | Topic                                 | Speaker                |
|------------------|---------------------------------------|------------------------|
| 02.00 - 02.30 pm | Oxygen Therapy                        | Dr. Kavita Lalchandani |
| 02.30 - 03.00 pm | Basics of Mechanical Ventilation      | Dr. Afroza Syed        |
| 03.00 - 03.30 pm | Basic Modes of Mechanical Ventilation | Dr. Neha Shah          |
| 03.30 - 04.00 pm | Supportive Therapy for MV Patients    | Dr. Anup Chandnani     |
| 04.00 - 04.30 pm | Weaning From Mechanical Ventilation   | Dr. Neeta Bose         |
| 04.30 - 05.00 pm | Q&A ROUND                             | All Speakers           |

**ISA NATIONAL**

Dr. Murlidhar Joshi  
President

Dr. Naveen Malhotra  
Honorary Secretary

**ISA GUJARAT**

Dr. Swati Bhatt  
President

Dr. Bhadresh Shah  
Secretary

**ISA VADODARA**

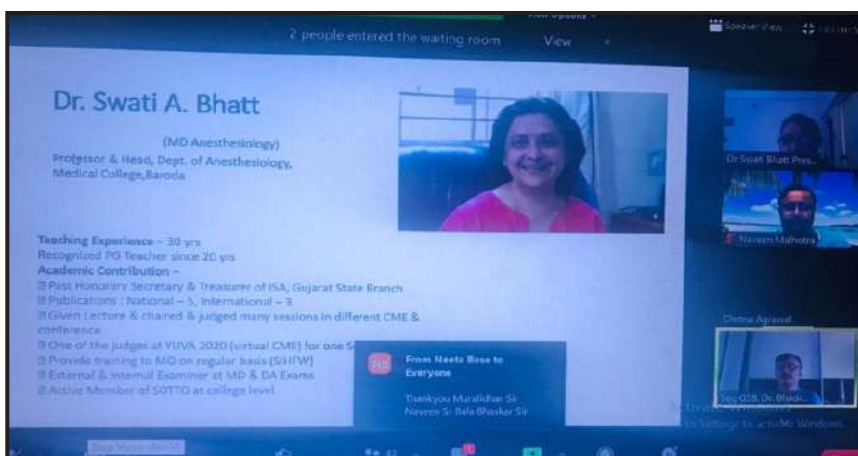
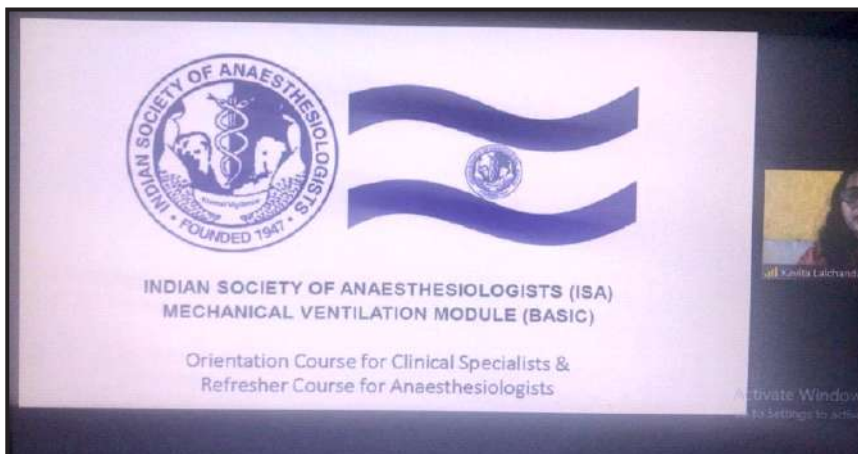
Dr. Neeta Bose  
President

Dr. Chetna Agrawal  
Secretary

ISA MECHANICAL VENTILATION MODULE ONLINE COURSE- VADODARA

(27 September 2020 )

## COVID STRIKES ISA NATIONAL GOVERNING COUNCIL WORK GOES ON



## ISA MECHANICAL VENTILATION MODULE ONLINE COURSE- VADODARA (27 September 2020 )