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ISA



THE ISAIAN

Indian Society of Anaesthesiologists E-Newsletter

An Official Publication of ISA

ISA National Head Quarters

'Naveen Niketan', 128/19, Doctor's Lane, Near Civil Hospital, Rohtak - 124001 (Haryana)
E-mail : secretaryisanhq@gmail.com, isanhq@gmail.com Mob. : 9812091051, 9091515151



President's Message



Dr. Muralidhar Joshi

Dear ISAians,
Greetings from President!

At the outset, I would like to thank you for trusting my ability and electing me as President of Indian Society of Anaesthesiologists (ISA) for the year 2019-2020. I will strive to achieve the goals set by our seniors. With support from everyone, we can take ISA to new heights not only within our country but also across the globe.

It gives me immense pleasure to share with you that we are going to implement the VISION 2020 mission of ISA. This involves:

- Safe Anaesthesia, Safe Country
- International Exchange Programme
- Innovation and Research
- Professional Wellbeing

We all know safe and accessible anaesthesia care is the need of the hour not only in our country but also across the globe. ISA will strive to provide this safe access to all citizens of the country. We plan to conduct Safe courses like Safe Paediatric Anaesthesia, Safe Obstetric Anaesthesia, Essential Pain Management, Primary Trauma Care, Vital Anaesthesia Simulation Training so on and so forth across the country. These training programmes will empower our anaesthesia colleagues to render quality care to the needy.

Currently our country is one amongst the top 5 innovating countries. ISA should step forward in contributing research and innovative projects to the world. We have started ISA Innovation Cell to encourage our members take up innovation in a larger perspective. We are not only looking at providing technical inputs but also assist members in getting resources for successful completion of the project.

Knowledge exchange is an important exercise for all professionals. Indian Journal of Anaesthesia is in fore front of these activities. ISA has not only initiated Fellowships at national level but also at international level. In continuation of this exercise, we are offering 13 fellowships to international candidates. Now, we are going to facilitate more fellows from India for overseas fellowships. This should be a good exposure to all our ISA members.

As part of professional wellbeing, ISA has initiated Family Benevolent Fund, Professional Indemnity Insurance, Private Practitioners Forum, Guidelines, CME's, Workshops and many more to add it. On top of these we have also started many novel projects like YUVA ISA, ISA Sports Club, ISA Cultural Club and others.

It's my personal request to all members to utilize all these services and avail benefits. There are many awards to win, please log into www.isaweb.in for more details.

ISA is not lagging behind in social initiatives, Indian Resuscitation Council (IRC) activities are commendable. IRC is making international bodies to take note of the long strides of 'Make in India' Concept of ISA.

Finally, I would like to say; Nothing is impossible. "To Reach the Unreached" we have over 30,000 members in ISA spread over close to 200 city branches and 25 state branches; the resources are plenty. We will achieve our goals and the mission "VISION 2020".

"The Journey of thousand miles also starts with first step, let's make a beginning"

Long Live ISA!
Jai Hind !!

Dr Muralidhar Joshi
President, ISA National



Secretary's Message



Dr Naveen Malhotra

Dear ISAians,

Greetings from ISA National Head Quarters!

I, on completion of first year as Your Secretary ISA, thank you all for believing in me and our vision for ISA. We had a fruitful year and I take this as an opportunity to share some of our achievements so far and our plans for the upcoming year.

This year we witnessed a record membership drive- we welcomed more members into our ISA family than ever before. We not only remained accessible in our office from 8:30 AM to 8:30 PM but also on e-mail, what's app and electronic and social media 24 x7! The process of registration for ISA Life Membership has been simplified to make it easier for everyone. The process for subscription of Indian Journal of Anaesthesia will also be simplified. We plan to introduce two new Zonal Journals and one Online Journals to motivate researchers and practitioners to promptly share clinical case series.

This year also saw multiple academic events like PG Assemblies and CMEs held under the banner of ISA. More than 10 new programmes like YUVA ISA, ISA Fit Anaesthesiologist Campaign, ISA Cultural Club etc. have been started and efforts are on to establish them at city and state level as well. ISA Professional Indemnity Insurance Scheme has become a popular programme with the members with more than 1500 new subscriptions in the past year. Training of trainers courses were held at various places to ensure that there is a life saver in each home. The CPR program will help anaesthesiologists prosper academically, clinically, socially and financially.

We have shortened the ISA National Election process from four months to six weeks and also fix the tenure of ISA State and City Office Bearers to ensure that fresh charge is resumed on 16th October every year. To keep pace with the technology, a new ISA app with inbuilt software to help record clinical data and critical incidents shall be introduced soon. We have released new ISA T-Shirt and Neck Tie consistent with the colour of our ISA Logo during 67th ISACON 2019 to wear our pride on our sleeve.

ISA is of you, for you and by you.

Jai ISAian !

Long Live ISA!

Jai Hind !

Dr Naveen Malhotra
Honorary Secretary, ISA National



ISA Star



Dr. Nishant Sahay

Anaesthesiologist - The Saviour

Dear ISAians,

An incidence occurred en route my air journey from New Delhi from Patna few months ago. After deboarding the flight, I was on my way to collect my luggage. Suddenly I saw a middle aged gentleman falling down, about a hundred meters in front of me. There were two people who had held him by his arms to break his fall. As I neared him, I could see that he was bleeding profusely from nose and mouth. I guessed it to be a bleed due to raised blood pressure. As I rushed towards him, I noticed he had started having generalized convulsions. Sensing this gentleman required help, I put my hand luggage to the side and joined the other passengers who had gathered around him by now.

A dangerous combination of profuse bleeding in the upper airway with generalized tonic clonic seizures, I knew I had to protect his airway during these convulsions, to ensure he did not choke and drown in his own blood. Passengers had placed him supine and were rushing in to put water in his mouth. There were shouts of “heart attack” and shoes had been taken off. As I took control of the situation, I immediately placed the gentleman in the recovery position on his right lateral side and sat behind his head. While he bled, I held his head and neck with my hands, trying to keep his breathing unobstructed and intermittently tilting his head carefully to drain the collected blood, secretions and saliva. During this time I had my fingers strategically over his left carotid, feeling his pulse too. Help had been promptly activated by airport staff, frantic calls were being made. Still bleeding, I could feel the pulse rate and volume coming down suddenly. Fearing impending arrest, one round of chest compressions was given. The pulse returned quickly, however, convulsions continued for what seemed like 10 minutes. As I sat there maintain his airway, I requested for someone to check his hand luggage to check for any medical reports. He was travelling alone and there was no-one known to him. I wanted to know about any pre-existing illness so that I could correct the correctible. Evidence of diabetes could point towards hypoglycemic convulsions. Evidence of heart problem with anticoagulant use could account for bleeding and evidence of a seizure disorder could account for his fits. More than that, in desperation I hoped to find some medicines he could be carrying which I could use. Later I realized that this was wishful thinking as no injectable could be carried on an airplane. With no drugs or equipment available, I could only hope that the seizures stop and thankfully the seizures did stop after about 10 minutes without any further scare of cardiovascular compromise.

The gentleman lay still thereafter for some time probably in the post ictal stage. I was still supporting his neck and airways but slowly I could see his swallowing reflex



coming back. Thereafter his breathing also became more regular. These were the first reassuring signs of recovery. By the time airport authorities arrived, he was feebly but surely, responding to verbal commands. He was following the basic commands we check inside our operating room like opening his eyes, opening his mouth, protruding his tongue. Out of immediate danger, and under advanced medical care, I could leave the scene.

Lessons I learnt:

1. Every anaesthetist should shed the initial reluctance and own up in such situations because our basic training as a bare minimum, allows us to prevent unscientific and potentially harmful things that helpful and zealous but untrained bystanders may subject sufferers to eg putting patient supine, giving him water, slapping his cheek etc.
2. We should focus on giving a proper handover as the medical team which arrived had no idea what had happened to this patient in the interim. When they arrived, they just noted a patient lying down conscious and responding to commands with evidence of nasal bleeding. Bystanders were of the opinion that it was a heart attack. Treatment given and possible differentials was not enquired by the incoming team.
3. We could be more aware of places where AEDs are installed in public places. During the resuscitation, despite my asking where an AED is, no one could point out location of nearest AED.
4. Since we do not know virology status of travelers, I now feel I should have used a polythene bag or a handkerchief or anything available to act as a barrier to lessen the soiling of my hands with blood and body fluids. I will know probably from where I got Hepatitis or HIV, if I am tested positive in the next few months.

Dr. Nishant Sahay

ISA Life Member

Bihar Jharkhand

N0757



Team ISA



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President Elect



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GLIMPSES 67th ISACON 2019, BENGALURU



ISA National Flag Hoisting



CME Inauguration



CME Inauguration



GLIMPSES 67th ISACON 2019, BENGALURU



Dr. A. P. Singhal Life Time Achievement Award 2019 to
Respected Dr. M. T. Bhatia



Dr. A. P. Singhal Life Time Achievement Award 2019 to
Respected Dr. M. T. Bhatia



Felicitation of Dr. Jejunath Pokharel, President Society of Anaesthesiologists, Nepal



GLIMPSES 67th ISACON 2019, BENGALURU



Dr. K. Pandey ISA Past President Oration 2019
Dr. V. Kuchela Babu



Dr. K. Pandey ISA Past President Oration 2019
Dr. V. Kuchela Babu



Prof. M. Venkat Rao Oration 2019
Dr. Mukul C. Kapoor



GLIMPSES 67th ISACON 2019, BENGALURU

Honouring Past Presidents ISA National
Salutes to them for their untiring efforts for upliftment of the speciality and association



Dr. V. Divekar



Dr. M. T. Bhatia



Dr. D. Das Gupta



GLIMPSES 67th ISACON 2019, BENGALURU



Dr. K. Balakrishnan



Dr. G. Surendar Reddy



Dr. KRN Tagore



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Dr. Deepak Malviya



Dr. S.S.C. Chakra Rao



Dr. A. S. Kameswara Rao



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Dr. S. S. Harsoor



Brig (Dr.) T. Prabhakar, VSM



Release of latest issues of The ISAIAN- Official E Newsletter of ISA, Northern Journal of ISA, Central Journal of ISA and CME Book & Souvenir of ISACON 2019



GLIMPSES 67th ISACON 2019, BENGALURU

Dr. B. B. Mishra Memorial ISA Young Anaesthesiologist Award



Five New ISA Award Sessions started - Dr. B. B. Mishra Memorial ISA Young Anaesthesiologist Award, ISA Trainee Talent Award, ISA OM Award, ISA ABM Award & ISA Innovation Award.
Dr. (Mrs.) B. B. Mishra came personally and joined the President to award the winners



GLIMPSES 67th ISACON 2019, BENGALURU



The ISA Governing Council Meeting



Meeting With Esteemed Past Presidents of Indian Society of Anaesthesiologists



Meeting with Indian Resuscitation Council (ISA IRC)



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Meeting with The Back Bone of ISA - The State and City Branch Office Bearers



ISA National Governing Council with State and City Office Bearers after a successful ISA Session



Meeting with Organising Committee of 68th ISACON Ahmedabad



GLIMPSES 67th ISACON 2019, BENGALURU



The Governing Council of ISA



IJA Editorial Board Meeting
Heartiest Congratulations to Team IJA led by Dr. J. V. Divatia



Honorary Secretary ISA National Dr Naveen Malhotra ; President Afghanistan Society of Anaesthesiologists Dr Noorullah Arian; President ISA National Dr S Bala Bhaskar, Secretary General Bangladesh Society of Anaesthesiologists Dr Kawsar Sardar and World Federation of Societies of Anaesthesiologists Representative Dr Muralidhar Joshi during SAARC AA Meeting (South Asia Association of Anaesthesiologists)



GLIMPSES 67th ISACON 2019, BENGALURU



Workshop Inauguration



Releasing New ISA T-Shirt

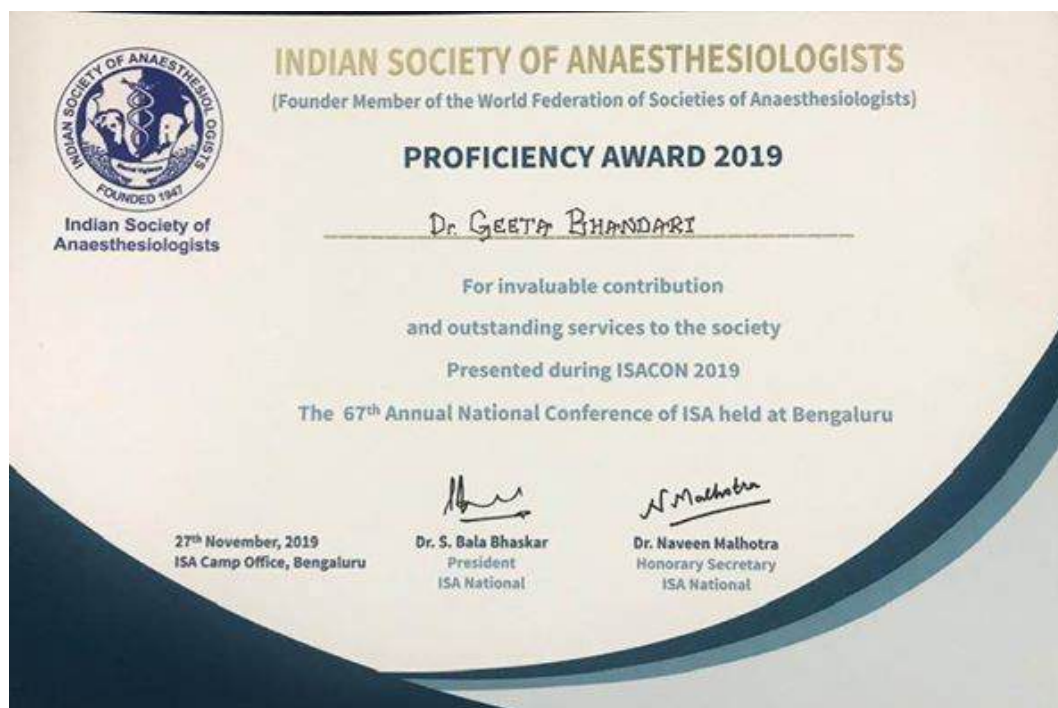


New Design of ISA National Medals



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New Design of ISA National Certificates





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ISA SPORTS CLUB

Formal Inauguration of ISA Sports Club by holding a
Friendly Tennis Ball Cricket Match
between ISA GC XI & Org Committee XI



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ISA FIT ANAESTHESIOLOGIST CAMPAIGN
Formal Launching of ISA Fit Anaesthesiologist Campaign
by holding a WALK A THON



ISA NEON INLAND & INTERNATIONAL FELLOWSHIP EXAM



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Felicitation of Outgoing ISA National Governing Council Members



Dr. V. Kuchela Babu
Past President ISA National



Dr. Sunil Katyal
Vice President ISA National



Dr. Mahesh Sinha
Governing Council Member ISA National



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Dr. Anjali R. Bhure
Governing Council Member ISA National



Dr. Kiran Kumar Gera
Governing Council Member ISA National



Dr. Joyshankar J Jana
Governing Council Member ISA National



Dr. Prithwis Bhattacharyya
Governing Council Member ISA National



GLIMPSES 67th ISACON 2019, BENGALURU



ISA Oath Ceremony



Presentation of Presidential Collar to Dr. Muralidhar Joshi, President ISA National





GLIMPSES 67th ISACON 2019, BENGALURU



Address by Dr. Muralidhar Joshi, President ISA National



Lowering of ISA Flag



Lowering of ISA Flag

NEON

LEVO-ANAWIN[®] 0.5% 0.25%

Preservative not added

Levobupivacaine HCl

Similar... yet **Safer**



Also Available as

LEVO-ANAWIN[®] 0.5% - 4 ml & 10 ml Amp.

LEVO-ANAWIN[®] 0.25% - 10 ml Amp.

CLORQUIK^{*}

Chloroprocaine HCl

Crafted for quick recovery

Available as
50 mg in
5 ml Ampoule

